

WINTER
2013/2014

Kent Parks, Recreation & Community Services
Program Guide
Classes, Sports, Arts & Entertainment,
Teen Programs, Adult 50+ Activities



WebReg Registration Dec. 2 • Open Registration Dec. 4
webreg.KentWA.gov • KentWA.gov



2013/2014 WINTER PROGRAM GUIDE



Mayor's Message

After enjoying such a beautiful summer and fall, we quickly transitioned into winter. While we haven't had severe winter weather in many years, predictions are we'll be wet and cold with the potential for more snow. It's easier to stay warm and dry indoors and become a bit inactive. But it's also a great time to rediscover some indoor activities that engage the mind, body and spirit.

This edition of the Kent Parks Guide provides many opportunities to help prevent us from hibernating until spring. Once again, I believe you will be pleased with the wide variety of classes, activities and services to keep you busy, entertained and engaged. Why not kick off the season with Kent's Winterfest followed by the Christmas Rush Fun Run/Walk? Regardless of what the weather is like outside, there are so many wonderful programs to take advantage of that help us socialize and stay active. Bundle up if you're headed outdoors, or have fun learning something new. Whatever you choose, be safe, and enjoy the beauty of the season.

Suzette Cooke

STAFF

CITY OF KENT

Mayor Suzette Cooke
Interim Chief Administrative Officer
..... Tom Brubaker

CITY COUNCIL

Dennis Higgins, President
Jamie Perry
Elizabeth Albertson
Les Thomas
Deborah Ranniger
Dana Ralph
Bill Boyce

PARKS COMMITTEE

Deborah Ranniger, Chair,
Elizabeth Albertson, Dennis Higgins
Meets: 3rd Thursday of every month at 5:00 p.m.

ARTS COMMISSION

Sharona Chandler, Bayard DuBois, Tonya
Goodwillie, Dan Cox
Wendy Johnson, Susan Machler,
Linda Mackintosh, Sheri Ourada, Dana Ralph,
Meets: 4th Tuesday of every month at 5:30 p.m.

PARKS ADMINISTRATION

Parks, Recreation & Community
Services Director Jeff Watling

DIVISION HEADS

Facilities Superintendent Alex Ackley
Golf Maintenance
Superintendent Pete Petersen
Housing & Human Services
Manager Katherin Johnson
Parks Planning & Development
Superintendent Hope Gibson
Parks Maintenance
Superintendent Garin Lee
Recreation & Cultural Services
Superintendent Lori Hogan

EARLY REGISTRATION

Kent Parks is offering WebReg users the opportunity to register two days earlier than participants faxing, mailing, phoning or walking in their registrations.

Registration using WebReg, webreg.kentwa.gov will begin at 12:01 a.m. on December 2. Open registration December 4.

To use this system, please have the following ready:

Family PIN, Client Number, Class Course Numbers and a Visa or MasterCard
For more information, please call (253) 856-5000.

City of Kent Parks, Recreation & Community Services Mission Statement

*"Dedicated to
Enriching Lives"*

We are committed to providing safe and inviting parks and facilities, meaningful and diverse recreational programs, cultural activities and human services.

Our staff is responsive, positive and ethical in their dedication to delivering:

Personal Benefits that strengthen self esteem, improve health and promote self sufficiency.

Social Benefits that bring families together and unite people within our diverse community.

Economic Benefits that welcome new business relocation and expansion which leads to a more productive work force and increased tourism opportunities.

Environmental Benefits that protect and preserve natural areas, open space and enhance air and water quality.

Statement of Inclusion

"Everyone in the City of Kent community shall have the opportunity to equally participate in, benefit from, and enjoy the parks and recreation programs and facilities. Our mission is dedicated to enriching the lives of all persons participating in Kent Parks, Recreation and Community Services."

In using City Park Facilities for any adult or youth community athletic program, as that term is defined in RCW 49.60.500, no group may discriminate in program participation on the basis of sex.

ADA Access



The City of Kent is committed to providing programs and services accessible to individuals with disabilities. Requests for special accommodations will be considered on a case-by-case basis. For TDD users, call 1-800-833-6388; Telebraille, 1-800-833-6385 and voice, 1-800-833-6384. This service provided by Washington State Telecommunications Relay Service at no cost except long distance charges.

*Programs sponsored in cooperation
with the Kent School District.*

From the cover: REI volunteers pause after removing 20 yards of blackberries and scotch broom at Morrill Meadows Park.

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Kent Parks, Recreation & Community Services Department

Adaptive Recreation/Kent Commons	(253) 856-5030
Administration	(253) 856-5100
Cultural Programs	(253) 856-5050
Cultural Program Ticket Sales	(253) 856-5051
Event Information (Recorded)	(253) 856-5060
Facilities	(253) 856-5080
Home Repair	(253) 856-5065
Human Services	(253) 856-5070
Kent Commons Offices/Registration	(253) 856-5000
Kent Parks Foundation	(253) 856-5099
Kent Senior Activity Center (Adults 50+)	(253) 856-5150
Maintenance	(253) 856-5120
Planning & Open Space	(253) 856-5110
Sports Rainout Line/Inclement Weather	(253) 856-5020
TTY (for hearing impaired)	(800) 833-6388
Youth & Teen Services	(253) 856-5030

Kent Community Food Bank (253) 520-3550

Kent Downtown Partnership (253) 813-6976

Kent Meridian Pool (253) 854-9287

Kent Valley Ice Centre (253) 850-2400

Riverbend Golf Course

Riverbend 18-Hole Course/Tee Time	
Reservations/Information	(253) 854-3673
Riverbend Par-3 Course	(253) 854-4653
Riverbend Driving Range/Miniature Golf	(253) 859-4000

Notice to our customers: Effective March 21, 2012 a \$1 technology fee per transaction is being applied to support systems that provide convenience and efficient service delivery.

Your Opinion Counts!

This year the Kent Parks Recreation and Community Services Department has engaged the services of **GreenPlay**, a nationally renowned parks and recreation management consulting firm to assist in developing our Resource Allocation and Cost Recovery Policy which includes a model, philosophy and policy based on the community's values for parks and recreation, services, the vision for the future and the Department's mission. This model, based on The Pyramid Methodology will be a component part of our planning and budgeting processes. This model is intended to assist the Department in developing a fiscally responsible process so we can proactively plan for the future. In order to develop a tax payer investment/resource (subsidy) and cost recovery philosophy for facilities, programs and services offered by the Department, we are asking for your help.

As a component of the planning process, **GreenPlay will be conducting a series of workshops for parks, recreation and community services stakeholders and users.** Because we value your opinion, we invite you to participate in this process. The workshops will be held several times throughout the day on **January 14 and 15, 2014**. At the workshop GreenPlay will make a short presentation explaining the pyramid methodology and then they will ask for your participation in identifying where programs and other inter-related core services fit within the pyramid.

Please email parksrecreation@kentwa.gov or call **253-856-5000** to let us know you are interested and to give us your contact information (name, email, mailing address). As we get closer to January, we will send you more information about times and locations of the workshops so that you can register for one that fits your schedule. We thank you in advance for participating in this important project. Your input will help guide the future of Kent to improve the quality of life in our community for generations to come.

Connect with Kent

 [facebook.com/cityofkent](https://www.facebook.com/cityofkent)

 [@cityofkent](https://twitter.com/cityofkent)

 [youtube.com/kentTV21](https://www.youtube.com/kentTV21)

KentWA.gov

DriveKent.com

KentCodeRed.com

CrimeReports.com



Want the latest announcements about City activities? Connect with Kent on-line through [KentWA.gov/eAlerts](https://www.kentwa.gov/eAlerts) and subscribe to the topics that interest you.

PRESCHOOL PROGRAMS

PARENTS

Preschool classes for ages 3 and up are designed for children only. Please check with your instructor to learn when the parent observation day will be. If you wish to participate with your child, please register for a parent/tot or parent participation class.

Activities



INDOOR PARK (10 mos-4½ yrs)

Tuesdays, Wednesdays and Thursdays from 9:30-11:00 a.m.

Come and experience our Indoor Park, a traditional outdoor playground brought inside. On Tuesday, Wednesday and Thursday mornings, play with our toys, balls and playground equipment in a dry and safe environment.

Parents are required to supervise their children at all times (maximum of three children per adult). Cost is \$2 per visit for the first child and \$1 for each additional child, or buy a 10-visit pass for \$15. Call (253) 856-5000 for more information.

Tuesday, Wednesday & Thursday - 9:30-11:00am

November 5, 6, 7, 12, 13, 14, 19, 20, 21

December 3, 4, 10, 11, 12

January 7, 8, 9, 14, 15, 16, 21, 22, 23, 28, 29, 30

February 4, 5, 6, 11, 12, 13, 25, 26, 27

March 4, 5, 6, 11, 12, 18, 19, 20, 25, 26, 27

April 1, 2, 3, 15, 16, 17, 22, 23, 24, 29, 30

May 1, 6, 7, 8, 13, 14, 15

No Indoor Park Nov. 26-28, Dec. 5, 17-31, Jan. 1-2, Feb. 18-20, Apr. 8-10



MOMMY & ME YOGA (Ages 3-6 years)

Dads and caregivers are welcome too! Bring yoga poses to life as little ones strengthen their growing bodies. Healthy habits begin early in life, so take a deep breath together and discover the joy of yoga! Each child needs an adult yoga buddy to participate. Class fee is per child. Please bring a mat or blanket to class and dress in comfortable clothing for movement.

50813 Tu	11:00 am-11:45 am	1/7-2/11
50814 Tu	11:00 am-11:45 am	2/18-3/25
Kent Commons	L Mounts	6 sess/\$48

LITTLE MOZART'S MUSIC (Ages 3-8)

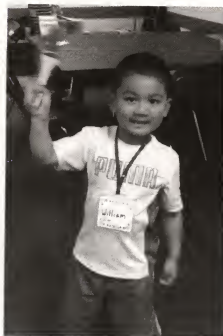
Bring out the musician inside your child with this fun program that starts your Little Mozart on their way to learning rhythm, timing, melody and notation. They'll have fun singing and moving, clapping and tapping with Mozart Mouse, Beethoven Bear and Music Friends. This is a beginning and continuing class, new material added every quarter and children progress at their own pace.

Ages 3-6

50184 Tu	1:30 pm-2:30 pm	1/7-3/11
Kent Commons	S. Anderson	10 sess/\$80

Ages 5-8

50185 Tu	4:00 pm-5:00 pm	1/7-3/11
Kent Commons	S. Anderson	10 sess/\$80



PLAY TIME PALS (Ages 20-36 Mos)

Enjoy time together singing, learning, getting messy and playing in an inclusive preschool class led by an early childhood specialist. Children will develop friendships with a wide variety of peers, some of whom have special needs. Look for our Movin' & Groovin' class on page 17.

Ages 20 Months - 36 Months

50192 M	9:00 am-10:30 am	1/6-2/24*
50193 M	11:00 am-12:30 pm	1/6-2/24*
		6 sess/\$42
50194 M	9:00 am-10:30 am	3/3-3/31
50195 M	11:00 am-12:30 pm	3/3-3/31
		5 sess/\$35
50196 Tu	9:00 am-10:30 am	1/7-2/11
50197 Tu	11:00 am-12:30 pm	1/7-2/11
50199 Tu	11:00 am-12:30 pm	2/18-3/25
50204 Tu	9:00 am-10:30 am	2/18-3/25
		6 sess/\$42
50186 W	9:00 am-10:30 am	1/8-2/12*
		5 sess/\$35
50187 W	11:00 am-12:30 pm	1/8-2/12
		6 sess/\$42
50198 Th	9:00 am-10:30 am	1/9-2/13
50200 Th	1:00 pm-2:30 pm	1/9-2/13
		6 sess/\$42
50188 W	9:00 am-10:30 am	2/19-3/26
50189 W	11:00 am-12:30 pm	2/19-3/26
		6 sess/\$42
50190 Th	9:00 am-10:30 am	2/20-3/27
50191 Th	1:00 pm-2:30 pm	2/20-3/27
		6 sess/\$42

*No class 1/20, 2/5, 2/17

Martial Arts

TINY TIGERS (Ages 3-4)

An introduction to martial arts; balance, strength and coordination, and safety. Games, balls, obstacle courses and more are used to enhance learning. Parent participation is required.

50208 Tu	4:00 pm-4:45 pm	1/7-1/28
50211 Th	4:00 pm-4:45 pm	1/9-1/30
50209 Tu	4:00 pm-4:45 pm	2/4-2/25
50212 Th	4:00 pm-4:45 pm	2/6-2/27
50210 Tu	4:00 pm-4:45 pm	3/4-3/25
50213 Th	4:00 pm-4:45 pm	3/6-3/27
ACMMA	R. Dye	4 sess/\$35

Movement

GYMNASTICS

Our Parent & Tot class is the ideal place to have organized, safe fun exploring movement with your child in a gymnastics environment. In the Preschool classes your child will be introduced to basic movement and gymnastics.

Ages 16 months - 3 years

50228	Sa	9:00 am-9:45 am	1/4-1/25
50229	Sa	9:00 am-9:45 am	2/1-2/22
50230	Sa	9:00 am-9:45 am	3/8-3/29

Ages 3-5

50232	M	5:00 pm-5:45 pm	1/6-1/27
50233	M	5:00 pm-5:45 pm	2/3-2/24
50234	M	5:00 pm-5:45 pm	3/3-3/24
50258	Tu	6:00 pm-6:45 pm	1/7-1/28
50260	Tu	6:00 pm-6:45 pm	2/4-2/25
50218	Tu	6:00 pm-6:45 pm	3/4-3/25
50236	W	3:00 pm-3:45 pm	1/8-1/29
50237	W	5:00 pm-5:45 pm	1/8-1/29
50238	W	3:00 pm-3:45 pm	2/5-2/26
50239	W	5:00 pm-5:45 pm	2/5-2/26
50240	W	3:00 pm-3:45 pm	3/5-3/26
50241	W	5:00 pm-5:45 pm	3/5-3/26
50244	Th	5:00 pm-5:45 pm	1/2-1/23
50245	Th	6:00 pm-6:45 pm	1/2-1/23
50246	Th	5:00 pm-5:45 pm	1/30-2/20
50247	Th	6:00 pm-6:45 pm	1/30-2/20
50248	Th	5:00 pm-5:45 pm	2/27-3/20
50266	Th	6:00 pm-6:45 pm	2/27-3/20
50250	Sa	10:00 am-10:45 am	1/4-1/25
50251	Sa	11:00 am-11:45 am	1/4-1/25
50252	Sa	10:00 am-10:45 am	2/1-2/22
50253	Sa	11:00 am-11:45 am	2/1-2/22
50254	Sa	10:00 am-10:45 am	3/1-3/22
50255	Sa	11:00 am-11:45 am	3/1-3/22

Hart's
Gymnastics Center

TAG ALONG TODDLERS

(Ages 1-2 yrs)

Your toddler (must be walking) will cruise with you over and through the obstacle courses, jump on the trampoline, catch bubbles and sing songs in this interactive class.

50267	Tu-Th	10:00 am-10:45 am	1/7-1/30
50268	Tu-Th	10:00 am-10:45 am	2/4-2/27
50269	Tu-Th	10:00 am-10:45 am	3/4-3/27

Gym
Starz Gymnastics

12 sess/\$55

TEENY WEENY WIGGLERS

(18 mos-3 yrs)

Music, games, songs, parachute play and dance make this a lively and fun class for parents and toddlers.

50270	W	9:30 am-10:15 am	1/8-3/26
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Kent Commons M. Murphy-Brown 11 sess/\$72
No class 3/12



WIGGLES & GIGGLES (Ages 3-5)

Shake, rattle, roll, tumble and giggle your way through this fun movement class for preschoolers. Children will learn simple tumbling and dance techniques.

50274	Tu	2:00 pm-2:45 pm	1/7-3/25
50273	Th	10:15 am-11:00 am	1/9-3/27

Kent Commons M. Murphy-Brown 11 sess/\$72
No class 3/11, 3/13

Music

PRIVATE PIANO OR RECORDER

(Ages 4-9)

Begin learning to play either the Piano or Recorder with carefully graded, lesson-by-lesson learning methods developed for the young music student. Instrument technique and performance skills are developed simultaneously with singing, games, ear training activities, and by playing very easy arrangements of favorite children's songs. The purchase of music books is required for lessons and payable to instructor.

Piano Students: a piano or keyboard at home and daily practice of lesson material is highly recommended. A digital keyboard will be provided during lessons. Recorder Students: a good-quality Descant/Soprano Recorder will be required for lessons, and can be purchased in music stores locally as well as online. Students will need to bring their own recorder to all lessons.

50278	Th	2:00 pm-2:20 pm	1/9-3/13
50279	Th	2:20 pm-2:40 pm	
50280	Th	2:40 pm-3:00 pm	
50281	Th	3:00 pm-3:20 pm	
50282	Th	3:20 pm-3:40 pm	
50283	Th	3:40 pm-4:00 pm	
50284	Th	4:00 pm-4:20 pm	
50285	Th	4:20 pm-4:40 pm	
50286	Th	4:40 pm-5:00 pm	
50287	Th	5:00 pm-5:20 pm	
50288	Th	5:20 pm-5:40 pm	
50289	Th	5:40 pm-6:00 pm	
50290	Th	6:00 pm-6:20 pm	
50291	Th	6:20 pm-6:40 pm	
50292	Th	6:40 pm-7:00 pm	

Kent Commons 5. Anderson 10 sess/\$90

YOUTH PROGRAMS



Dance

BALLET & TAP (Ages 6-12)

Students must have 9 months to 1 year of pre-ballet & tap. This class will take the student to a higher level in ballet with more technique, terms, grace and an introduction to Lyrical Ballet. Additional combinations in tap and faster, more exciting moves will be introduced.

50293	Th	11:00 am-11:45 am	1/11-3/29
Kent Commons	S. Anderson		11 sess/\$72
No class 3/15			

BALLET I & TAP (Ages 6-9)

Beginning ballet & tap class that introduces basic steps. Suggested dress: leotards, tights, pink ballet shoes and black tap shoes.

50294	F	5:00 pm-6:00 pm	1/10-3/28
Kent Commons	M. Murphy-Brown		11 sess/\$77
No class 3/14			

BALLET I (Ages 6-11)

Beginning ballet class that introduces basic steps. Suggested dress: leotards, tights and ballet shoes.

50295	Th	4:15 pm-5:15 pm	1/9-3/27
Kent Commons	M. Murphy-Brown		11 sess/\$77
No class 3/13			

BALLET II (Ages 8-14)

This class is for experienced dancers with a full year of Ballet I.

50296	Th	6:00 pm-7:00 pm	1/9-3/27
Kent Commons	M. Murphy-Brown		11 sess/\$77
No class 3/13			

BALLET III (Ages 14-18)

This is an advanced class for dancers with one full year of Ballet II. Instructor permission is required.

50297	Tu	6:15 pm-7:15 pm	1/7-3/25
Kent Commons	M. Murphy-Brown		11 sess/\$77
No class 3/11			

SPRING DANCE RECITAL All winter dance students will have the opportunity to participate in the Kent Parks Spring Dance Recital in early June. More information will be distributed in class. Participation is optional. Dance costumes must be purchased and range in price from \$40-\$50. Admission tickets for the recital are \$2 for youth and \$4 for adults. Dance students must register for both winter and spring quarter dance classes to perform at the recital (spring registration will be in March).

DANCE TEAM I & II (Ages 6-16)

Variety of dance experiences and pom pom routines. Basic combinations of beginning level ballet, jazz, hip-hop and cheerleading. Wear comfortable dance attire and black soft sole dance shoes. Pom pom fee of \$14 payable to instructor at first class.

50298	Th	6:00 pm-7:00 pm	1/9-3/27
Kent Commons	S. Anderson		11 sess/\$77
No class 3/13			

DANCE TEAM II (Ages 8-16)

This class is for participants who have had at least one full quarter of Dance Team I.

50300	Sa	11:45 am-12:30 pm	1/11-3/29
Kent Commons	S. Anderson		11 sess/\$72
No class 3/15			

HIP HOP (Ages 10-14)

Learn the basics of beginning level hip hop dance. Class includes warm-up exercises, floor work and dancing to the beat. Wear black ballet shoes.

50301	Th	5:00 pm-6:00 pm	1/9-3/27
Kent Commons	S. Anderson		11 sess/\$77
No class 3/13			

HIP HOP DANCE (Ages 6-10)

With this being a popular new style to learn, beginning hip-hop will introduce students to basic steps. Class includes warm-up exercises, across the floor moves and grooving with the music! Attire: comfortable loose clothing and tennis shoes.

50302	Sa	1:15 pm-2:00 pm	1/11-3/29
Kent Commons	S. Anderson		11 sess/\$72
No class 3/15			

HIP HOP FUNK ADVANCED 12+

Have fun dancing to the beat in this fun, lively, energetic class. Wear black ballet shoes.

50303	Th	7:00 pm-8:00 pm	1/9-3/27
Kent Commons	S. Anderson		11 sess/\$77
No class 3/13			

BEGINNER IRISH SOFT SHOE (Ages 6-16)

Open to first time & beginner dancers. Students will learn the reel & light jig as well as work on proper posture, form & rhythm. Wear comfortable clothing, socks or ballet shoes okay.

50304	Tu	4:15 pm-5:00 pm	1/7-3/25
Kent Commons	P. Martig		10 sess/\$92
No class 2/18			

IRISH SOFT SHOE I (Ages 7-16)

Open to dancers who have basic soft shoe skills, reel & light jig. Students will learn the single jig & slip jig and work on proper posture, form & rhythm. Wear comfortable clothing, socks or ballet shoes okay.

50306	Tu	5:00 pm-5:45 pm	1/7-3/25
Kent Commons	P. Martig		10 sess/\$92
No class 2/18			

IRISH SOFT SHOE II (Ages 7-16)

Open to dancers who know all four soft shoe dances. Students will learn novice soft shoe steps & Cella dances. Wear comfortable clothing, Irish gullies recommended.

50308	Tu	5:45 pm-6:30 pm	1/7-3/25
Kent Commons	P. Martig		10 sess/\$92
No class 2/18			

IRISH FAST HARD SHOE (Ages 7-18)

Open to dancers who are qualified for and enrolled in Irish Soft Shoe II or above and wisher new to hard shoe or working on the fast hard shoe rhythm. Students will learn the traditional treble jig, traditional hornpipe & St. Patrick's Day. Wear comfortable clothing. Irish hard shoes required.

50310	Tu	6:30 pm-7:00 pm	1/7-3/25
Kent Commons	P. Martig		10 sess/\$61
No class 2/18			

ADVANCED HARD SHOE (Ages 7-18)

Open to dancers who have demonstrated proficiency in the traditional hard shoe dances. Students will learn the slow hard shoe dances & advanced traditional set dances. Wear comfortable clothing. Irish hard shoes required.

50312	Tu	7:00 pm-7:45 pm	1/7-3/25
Kent Commons	P. Martig		10 sess/\$92
No class 2/18			

ADVANCED SOFT SHOE (Ages 7-18)

Open to dancers who have a good knowledge of all soft shoe dances. Students will learn advanced soft shoe steps, Cella dances and original choreography. Wear comfortable clothing, Irish gullies required.

50314	Tu	7:45 pm-8:30 pm	1/7-3/25
Kent Commons	P. Martig		10 sess/\$92
No class 2/18			

HIP HOP JAZZ FOR KIDS (Ages 6-10)

Beginning level jazz/hip hop dance, warm up exercises, floor work and learn to coordinate the beat of the music to the dance steps. Wear black ballet shoes.

50316 Th 4:00 pm-5:00 pm 1/9-3/27
Kent Commons S. Anderson 11 sess/\$77
No class 3/13

INTERMEDIATE HIP HOP DANCE (Ages 10-14)

Must have 1 full quarter of Hip Hop Dance prior to taking this class.

50317 Sa 12:30 pm-1:15 pm 1/11-3/29
Kent Commons S. Anderson 11 sess/\$72
No class 3/15

JAPANESE CLASSICAL DANCE I (Ages 4-18)

Enjoy learning traditional Japanese dance movement with music. Please bring kimono or yukata, and tabi socks (short white socks can be substituted). Material rental fee of \$5 payable to instructor.

50318 W 4:40 pm-5:20 pm 1/8-3/26
Kent Commons M. Monger 11 sess/\$88
No class 2/19

JAPANESE CLASSICAL DANCE II (Ages 4-18)

Enjoy learning traditional Japanese dance movement. Please bring your Kimono or yukata and tabi socks. Material rental fee of \$5 payable to instructor. Instructor approval required for this class.

50319 W 4:00 pm-4:40 pm 1/8-3/26
Kent Commons M. Monger 11 sess/\$88
No class 2/19

LIL' HIP HOPPERS (Ages 5-7)

These lil' dancers will have a blast learning the basics of this popular dance style to age appropriate music. Wear comfortable dance attire. Black ballet or jazz shoes required.

50320 Sa 10:15 am-11:00 am 1/11-3/29
Kent Commons T. Kirk 11 sess/\$72
No class 3/15

PRE-BALLET & TAP

This combination class of ballet and tap includes simple ballet techniques and basic tap shuffles. Pink ballet and black tap shoes required.

Ages 4-6

50321 M 11:00 am-12:00 pm 1/6-3/31
Kent Commons 10 sess/\$70

50322 W 5:45 pm-6:45 pm 1/8-3/26
50323 Th 11:00 am-12:00 pm 1/9-3/27
Kent Commons M. Murphy-Brown 11 sess/\$77
No class 1/20, 2/17, 3/10, 3/12, 3/13

Ages 5-7

50324 Sa 10:15 am-11:00 am 1/11-3/29
Kent Commons S. Anderson 11 sess/\$72
No class 3/15

PRE-BALLET & TAP CONTINUING (Ages 4-6)

Must have one full quarter of pre-ballet and tap prior to taking this class.

50326 W 3:45 pm-4:45 pm 1/8-3/26
Kent Commons M. Murphy-Brown 11 sess/\$77
No class 3/12

PRE-BALLET

Young dancers will develop strength and coordination while having fun discovering the joy of dance. Suggested dress: leotards, tights & ballet shoes (girls - pink, boys - black).

Ages 3 Years - 4 Years

50332 M 10:15 am-11:00 am 1/6-3/31
Kent Commons M. Murphy-Brown 10 sess/\$65
No class 1/20, 2/17, 3/10

50328 Tu 4:15 pm-5:00 pm 1/7-3/25
Kent Commons M. Murphy-Brown 11 sess/\$72
No class 3/11

50329 W 11:00 am-11:45 am 1/8-3/26
Kent Commons M. Murphy-Brown 11 sess/\$72
No class 3/12

50330 Th 9:30 am-10:15 am 1/9-3/27
Kent Commons M. Murphy-Brown 11 sess/\$72
No class 3/13

50331 F 4:15 pm-5:00 pm 1/10-3/28
Kent Commons M. Murphy-Brown 11 sess/\$72
No class 3/14

Ages 4 Years - 6 Years

50338 M 9:30 am-10:15 am 1/6-3/31
Kent Commons M. Murphy-Brown 10 sess/\$65
No class 1/20, 2/17, 3/10

50333 Tu 5:30 pm-6:15 pm 1/7-3/25
Kent Commons M. Murphy-Brown 11 sess/\$72
No class 3/11

50335 W 10:15 am-11:00 am 1/8-3/26
Kent Commons M. Murphy-Brown 11 sess/\$72
No class 3/12

50336 Th 5:15 pm-6:00 pm 1/9-3/27
Kent Commons M. Murphy-Brown 11 sess/\$72
No class 3/13

50337 Sa 9:30 am-10:15 am 1/11-3/29
Kent Commons T. Kirk 11 sess/\$72
No class 3/15



PRE-TAP & JAZZ (Ages 4-6)

Sample the joy of dance in this combination class, where young dancers will learn basic tap steps and creative movement through jazz dance in a fun environment, to age appropriate music. Suggested dress: leotard and tights. Black tap shoes and black jazz/ballet shoes required.

50866 Sa 11:00 am-12:00 pm 1/11-3/29
Kent Commons T. Kirk 11 sess/\$77
No class 3/15

TAP & HIP HOP JAZZ FOR BOYS (Ages 7-12)

Finally, a dance class just for boys! This beginning/continuing level class will build on the basic steps for both tap and hip hop jazz dance. Students will develop the skills, athleticism and focus needed for dancing, in a fun environment where boys can be boys. Wear comfortable clothing, black tap and jazz shoes are required.

50341 Th 6:30 pm-7:30 pm 1/9-3/27
Kent Commons T. Kirk 11 sess/\$77
No class 3/13

TAP & HIP HOP JAZZ I (Ages 6-11)

Develop dance skills in this beginner level class, with fun and energetic dancing to upbeat music. No experience necessary. Black tap and jazz/ballet shoes required.

50342 Th 5:30 pm-6:30 pm 1/9-3/27
Kent Commons T. Kirk 11 sess/\$77
No class 3/13

TAP & HIP HOP JAZZ II & III (Ages 11-18)

This class is designed for continuing Tap & Hip Hop jazz students, or beginning students with prior dance experience. Black tap and black jazz/ballet shoes required.

50343 Th 7:30 pm-8:30 pm 1/9-3/27
Kent Commons T. Kirk 11 sess/\$77
No class 3/13

TAP & JAZZ I (Ages 6-11)

This beginning combination class mixes the best of tap and jazz movements. Black tap and ballet shoes required.

50344 W 4:45 pm-5:45 pm 1/8-3/26
Kent Commons M. Murphy-Brown 11 sess/\$77
No class 3/12



RECREATIONAL CHEERLEADING (Ages 4-16)

This high energy class will introduce athletes to the basic fundamentals of cheerleading. Students will learn to tumble, stunt, jump, and dance while practicing a healthy activity in an enthusiastic environment. Class held at Northwest Cheer and Dance.

50869 Sa 11:00 am-12:00 pm 1/4-1/25
50872 Tu 5:00 pm-6:00 pm 1/7-1/28
50870 Sa 11:00 am-12:00 pm 2/1-2/22
50873 Tu 5:00 pm-6:00 pm 2/4-2/25
50871 Sa 11:00 am-12:00 pm 3/1-3/22
50874 Tu 5:00 pm-6:00 pm 3/4-3/25
NW Cheer & Dance Academy 4 sess/\$60

YOUTH PROGRAMS

General

SAFE AT HOME (Ages 8-12)

Come learn how to be responsible and safe in any situation. We will cover family communication, first aid, Internet, gun, phone and door safety. Parents are invited back for the last half hour of class for a video presentation and discussion.

50345 Sa 3:00 pm-5:00 pm 3/1
Kent Commons J. Martinsons 1 sess/\$30

SUPER SITTERS (Ages 11-16)

Boys and Girls, come for a day of fun while earning your Super Sitters Certificate. This class will cover leadership and the business of babysitting, basic care for children, understanding children of different age groups, and safety and first aid. Bring a sack lunch and snack to class.

50347 Sa 9:00 am-3:00 pm 3/1
Kent Commons J. Martinsons 1 sess/\$60

Gymnastics

GYMNASTICS CAMP (Ages 5+)

Learn and improve your gymnastic skills on the Olympic events, you will jump on our 40-foot trampoline, fly into the loose foam pit, do crafts, and more! Snack and supplies provided, bring a sack lunch and water bottle. Please call the Kent Commons to register using the family discount.

50414 Tu-Th 8:00 am-3:00 pm 4/8-4/10
Hart's Staff 3 sess/\$100
Gymnastics Center 2 children/\$175



GIRL'S GYMNASTICS (Ages 6-12)

At Hart's Gymnastic Center we combine the fun with fitness while offering you the best gymnastic instruction in the Northwest! www.hartsgymnastics.com

50351 M	5:00 pm-5:55 pm	1/6-1/27
50353 M	6:00 pm-6:55 pm	1/6-1/27
50352 M	5:00 pm-5:55 pm	2/3-2/24
50354 M	6:00 pm-6:55 pm	2/3-2/24
50355 M	5:00 pm-5:55 pm	3/3-3/24
50356 M	6:00 pm-6:55 pm	3/3-3/24
50359 Tu	5:00 pm-5:55 pm	1/7-1/28
50360 Tu	6:00 pm-6:55 pm	1/7-1/28
50361 Tu	7:00 pm-7:55 pm	1/7-1/28
50362 Tu	5:00 pm-5:55 pm	2/4-2/25
50363 Tu	6:00 pm-6:55 pm	2/4-2/25
50364 Tu	7:00 pm-7:55 pm	2/4-2/25
50365 Tu	5:00 pm-5:55 pm	3/4-3/25
50366 Tu	6:00 pm-6:55 pm	3/4-3/25
50367 Tu	7:00 pm-7:55 pm	3/4-3/25
50371 W	5:00 pm-5:55 pm	1/8-1/29
50372 W	6:00 pm-6:55 pm	1/8-1/29
50373 W	5:00 pm-5:55 pm	2/5-2/26
50375 W	6:00 pm-6:55 pm	2/5-2/26
50376 W	5:00 pm-5:55 pm	3/5-3/26
50377 W	6:00 pm-6:55 pm	3/5-3/26
50379 Th	5:00 pm-5:55 pm	1/2-1/23
50380 Th	6:00 pm-6:55 pm	1/2-1/23
50381 Th	7:00 pm-7:55 pm	1/2-1/23
50382 Th	5:00 pm-5:55 pm	1/30-2/20
50383 Th	6:00 pm-6:55 pm	1/30-2/20
50384 Th	7:00 pm-7:55 pm	1/30-2/20
50385 Th	5:00 pm-5:55 pm	2/27-3/20
50386 Th	6:00 pm-6:55 pm	2/27-3/20
50387 Th	7:00 pm-7:55 pm	2/27-3/20
50391 Sa	10:00 am-10:55 am	1/4-1/25
50392 Sa	11:00 am-11:55 am	1/4-1/25
50393 Sa	10:00 am-10:55 am	2/1-2/22
50394 Sa	11:00 am-11:55 am	2/1-2/22
50395 Sa	10:00 am-10:55 am	3/1-3/22
50396 Sa	11:00 am-11:55 am	3/1-3/22
Hart's	H. Staff	4 sess/\$58

Gymnastics Center

BOY'S GYMNASTICS (Ages 6-12)

Learn skills on the six Olympic men's events while also enjoying the trampoline and loose foam pits.

50406 W	5:00 pm-5:55 pm	1/8-1/29
50407 W	5:00 pm-5:55 pm	2/5-2/26
50408 W	5:00 pm-5:55 pm	3/5-3/26
50402 Tu	6:00 pm-6:55 pm	1/7-1/28
50403 Tu	6:00 pm-6:55 pm	2/4-2/25
50404 Tu	6:00 pm-6:55 pm	3/4-3/25
50409 Tu	5:00 pm-5:55 pm	1/2-1/23
50400 Tu	5:00 pm-5:55 pm	1/30-2/20
50410 Th	5:00 pm-5:55 pm	2/27-3/20
Hart's	H. Staff	4 sess/\$58

Gymnastics Center



Martial Arts

BEGINNING KARATE FOR HOMESCHOOLERS

Learn the fundamentals with an emphasis on developing balance, coordination and concentration. Basic self-defense techniques will be introduced.

Ages 4-8

50416 W	2:00 pm-2:45 pm	1/8-1/29
50417 W	2:00 pm-2:45 pm	2/5-2/26
50418 W	2:00 pm-2:45 pm	3/5-3/26

Ages 9-15

50420 W	2:45 pm-3:30 pm	1/8-1/29
50421 W	2:45 pm-3:30 pm	2/5-2/26
50422 W	2:45 pm-3:30 pm	3/5-3/26
ACMMA	R. Dye	4 sess/\$35

KARATE FOR CHILDREN (Ages 5-13)

Programs emphasize developing balance, coordination, concentration and respect for self and others.

Ages 5-6

50435 Sa	10:15 am-11:00 am	1/4-1/25
50431 Tu	4:00 pm-4:45 pm	1/7-1/28
50436 Sa	10:15 am-11:00 am	2/1-2/22
50432 Tu	4:00 pm-4:45 pm	2/4-2/25
50437 Sa	10:15 am-11:00 am	3/1-3/22
50433 Tu	4:00 pm-4:45 pm	3/4-3/25

Ages 7-10

50443 Sa	11:00 am-11:45 am	1/4-1/25
50439 Th	5:30 pm-6:15 pm	1/9-1/30
50444 Sa	11:00 am-11:45 am	2/1-2/22
50440 Th	5:30 pm-6:15 pm	2/6-2/27
50445 Sa	11:00 am-11:45 am	3/1-3/22
50441 Th	5:30 pm-6:15 pm	3/6-3/27

Ages 11-13

50447 Tu	4:45 pm-5:30 pm	1/7-1/28
50448 Tu	4:45 pm-5:30 pm	2/4-2/25
50449 Tu	4:45 pm-5:30 pm	3/4-3/25
ACMMA	R. Dye	4 sess/\$35

KENDO-JAPANESE SWORDSMANSHIP (Ages 7-14)

You will develop confidence and learn the culture and etiquette of Japan. Learn basic footwork and Japanese Samurai swordsmanship. Wooden sword is available from instructor for \$25. Class fee does not include equipment costs for continuing and advanced students. Youth and adult classes are combined.

50451	M	7:00 pm-7:50 pm	1/6-3/10
Kent Commons	C. Marsten		8 sess/\$50
No class 1/20, 2/17			

50452	M	8:00 pm-8:50 pm	1/6-3/10
Kent Commons	C. Marsten		8 sess/\$50
No class 1/20, 2/17			

50453	W	7:00 pm-9:00 pm	1/8-1/32
Kent Commons	C. Marsten		10 sess/\$63

Creative Arts

ART A LA CARTE (Ages 7-13)

This menu of art projects will give choices to the budding artist who is hungry to express their creativity. Participate in one or all of the following workshops. New projects will be introduced in every class. All supplies included.

Oil Pastel

50454	Tu	10:00 am-12:00 pm	2/18
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Watercolor

50455	W	10:00 am-12:00 pm	2/19
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Cartooning

50456	Th	10:00 am-12:00 pm	2/20
Kent Commons	C. McNiel		1 sess/\$15

ART LESSONS (Ages 7+)

One-on-one art tutoring designed for the beginning to intermediate student. Artist Cathie McNiel is available for lessons in drawing, watercolor, oil pastel, and cartooning. Class is catered to your specific needs and interests please specify when registering what your art interests are.

50463	Sa	12:00 pm-12:30 pm	1/11-2/1
50464	Sa	12:30 pm-1:00 pm	1/11-2/1
50465	Sa	1:00 pm-1:30 pm	1/11-2/1
50466	Sa	1:30 pm-2:00 pm	1/11-2/1
50467	Sa	2:00 pm-2:30 pm	1/11-2/1
50468	Sa	2:30 pm-3:00 pm	1/11-2/1
50469	Sa	12:00 pm-12:30 pm	3/8-3/29
50470	Sa	12:30 pm-1:00 pm	3/8-3/29
50471	Sa	1:00 pm-1:30 pm	3/8-3/29
50472	Sa	1:30 pm-2:00 pm	3/8-3/29
50473	Sa	2:00 pm-2:30 pm	3/8-3/29
50474	Sa	2:30 pm-3:00 pm	3/8-3/29
Kent Commons	C. McNiel		4 sess/\$66

DRAWING (Ages 7-12)

Based on popular drawing methods, students gain confidence in drawing with pencils, markers, and color pencils. All levels work at their own level and growing ability. On going with new projects through the year.

50487	Tu	5:00 pm-6:30 pm	1/7-1/28
50490	Sa	10:00 am-11:30 am	1/11-2/1
50488	Tu	5:00 pm-6:30 pm	3/4-3/25
50491	Sa	10:00 am-11:30 pm	3/8-3/29
Kent Commons	C. McNiel		4 sess/\$66



PORTRAIT DRAWING A LA PICASSO (Ages 6-13)

Self portraits are always fun. This class is a cool twist on it with some inspiration from artist Pablo Picasso. All supplies included with a supply fee of \$2 payable to instructor.

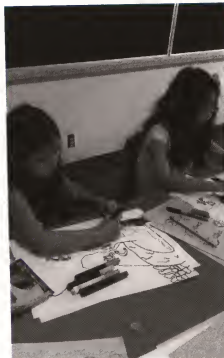
50868	F	10:30 am-12:30 pm	3/14
Kent Commons	S. Gordon		1 sess/\$23



WINTER WATERCOLOR (Ages 6-13)

Come join us for fun with watercolors, we will be painting a winter scene. Dress for a mess. Supply fee of \$2 payable to instructor.

50867	M	10:30 am-12:30 pm	1/27
Kent Commons	S. Gordon		1 sess/\$26



YOUTH PROGRAMS

PIANO OR VOICE LESSONS CHILDREN & ADULTS

One-on-one lessons, where student will progress at own pace. **Piano for ages 5 & up:** beginners may purchase \$5 book from instructor. **Voice for ages 8 & up:** choose from extensive repertoire.

50493 W	3:00 pm-3:30 pm	1/8-1/29	50526 W	3:00 pm-3:30 pm	2/5-2/26	50559 W	3:00 pm-3:30 pm	3/5-3/26
50494 W	3:30 pm-4:00 pm		50527 W	3:30 pm-4:00 pm		50560 W	3:30 pm-4:00 pm	
50495 W	4:00 pm-4:30 pm		50528 W	4:00 pm-4:30 pm		50561 W	4:00 pm-4:30 pm	
50496 W	4:30 pm-5:00 pm		50529 W	4:30 pm-5:00 pm		50562 W	4:30 pm-5:00 pm	
50497 W	5:30 pm-6:00 pm		50530 W	5:30 pm-6:00 pm		50563 W	5:30 pm-6:00 pm	
50498 W	6:00 pm-6:30 pm		50531 W	6:00 pm-6:30 pm		50564 W	6:00 pm-6:30 pm	
50499 W	6:30 pm-7:00 pm		50532 W	6:30 pm-7:00 pm		50565 W	6:30 pm-7:00 pm	
50500 W	7:00 pm-7:30 pm		50533 W	7:00 pm-7:30 pm		50566 W	7:00 pm-7:30 pm	
50501 W	7:30 pm-8:00 pm		50534 W	7:30 pm-8:00 pm		50567 W	7:30 pm-8:00 pm	
50502 W	8:00 pm-8:30 pm		50535 W	8:00 pm-8:30 pm		50568 W	8:00 pm-8:30 pm	
50503 W	8:30 pm-9:00 pm	4 sess/\$76	50536 W	8:30 pm-9:00 pm	4 sess/\$76	50569 W	8:30 pm-9:00 pm	4 sess/\$76
50504 Th	3:00 pm-3:30 pm	1/9-1/30	50537 Th	3:00 pm-3:30 pm	2/6-2/27	50570 Th	3:00 pm-3:30 pm	3/6-3/27
50505 Th	3:30 pm-4:00 pm		50538 Th	3:30 pm-4:00 pm		50571 Th	3:30 pm-4:00 pm	
50506 Th	4:00 pm-4:30 pm		50539 Th	4:00 pm-4:30 pm		50572 Th	4:00 pm-4:30 pm	
50507 Th	4:30 pm-5:00 pm		50540 Th	4:30 pm-5:00 pm		50573 Th	4:30 pm-5:00 pm	
50508 Th	5:30 pm-6:00 pm		50541 Th	5:30 pm-6:00 pm		50574 Th	5:30 pm-6:00 pm	
50509 Th	6:00 pm-6:30 pm		50542 Th	6:00 pm-6:30 pm		50575 Th	6:00 pm-6:30 pm	
50514 Th	6:30 pm-7:00 pm		50543 Th	6:30 pm-7:00 pm		50576 Th	6:30 pm-7:00 pm	
50510 Th	7:00 pm-7:30 pm		50544 Th	7:00 pm-7:30 pm		50577 Th	7:00 pm-7:30 pm	
50511 Th	7:30 pm-8:00 pm		50545 Th	7:30 pm-8:00 pm		50578 Th	7:30 pm-8:00 pm	
50512 Th	8:00 pm-8:30 pm		50546 Th	8:00 pm-8:30 pm		50579 Th	8:00 pm-8:30 pm	
50513 Th	8:30 pm-9:00 pm	4 sess/\$76	50547 Th	8:30 pm-9:00 pm	4 sess/\$76	50580 Th	8:30 pm-9:00 pm	4 sess/\$76
50515 F	3:00 pm-3:30 pm	1/10-1/31	50548 F	3:00 pm-3:30 pm	2/7-2/28	50581 F	3:00 pm-3:30 pm	3/7-3/28
50528 F	3:30 pm-4:00 pm		50549 F	3:30 pm-4:00 pm		50582 F	3:30 pm-4:00 pm	
50516 F	4:00 pm-4:30 pm		50550 F	4:00 pm-4:30 pm		50583 F	4:00 pm-4:30 pm	
50517 F	4:30 pm-5:00 pm		50551 F	4:30 pm-5:00 pm		50584 F	4:30 pm-5:00 pm	
50518 F	5:00 pm-5:30 pm		50552 F	5:00 pm-5:30 pm		50585 F	5:00 pm-5:30 pm	
50519 F	5:30 pm-6:00 pm		50553 F	5:30 pm-6:00 pm		50586 F	5:30 pm-6:00 pm	
50520 F	6:00 pm-6:30 pm		50554 F	6:00 pm-6:30 pm		50587 F	6:00 pm-6:30 pm	
50521 F	6:30 pm-7:00 pm		50555 F	6:30 pm-7:00 pm		50588 F	6:30 pm-7:00 pm	
50522 F	7:00 pm-7:30 pm		50556 F	7:00 pm-7:30 pm		50589 F	7:00 pm-7:30 pm	
50523 F	7:30 pm-8:00 pm		50557 F	7:30 pm-8:00 pm		50590 F	7:30 pm-8:00 pm	
50524 F	8:00 pm-8:30 pm		50558 F	8:00 pm-8:30 pm		50591 F	8:00 pm-8:30 pm	
50525 F	8:30 pm-9:00 pm	4 sess/\$76	50559 F	8:30 pm-9:00 pm	4 sess/\$76			

Kent Commons C. D'Ambrosio 4 sess/\$76



GUITAR LESSONS (Ages 10+)

One-on-one lesson designed for students with acoustic or electric guitar. Class covers basic techniques, hand position, fingering, tuning and care. Please bring your guitar to class.



50642	Tu	2:00 pm-2:30 pm	1/7-1/28	50682	M	2:00 pm-2:30 pm	3/3-3/31
50643	Tu	2:30 pm-3:00 pm		50683	M	2:30 pm-3:00 pm	
50706	Tu	3:00 pm-3:30 pm		50684	M	3:00 pm-3:30 pm	
50644	Tu	3:30 pm-4:00 pm		50685	M	3:30 pm-4:00 pm	
50645	Tu	4:00 pm-4:30 pm		50686	M	4:00 pm-4:30 pm	
50658	Tu	4:30 pm-5:00 pm		50687	M	4:30 pm-5:00 pm	
50659	Tu	5:00 pm-5:30 pm		50688	M	5:00 pm-5:30 pm	
50660	Tu	5:30 pm-6:00 pm	4 sess/\$72	50689	M	5:30 pm-6:00 pm	
50661	Tu	6:00 pm-6:30 pm		50690	M	6:00 pm-6:30 pm	
				50691	M	6:30 pm-7:00 pm	
				50692	M	7:00 pm-7:30 pm	5 sess/\$90
50671	M	2:00 pm-2:30 pm	2/3-2/24				
50672	M	2:30 pm-3:00 pm		50693	Tu	2:00 pm-2:30 pm	3/4-3/25
50673	M	3:00 pm-3:30 pm		50694	Tu	2:30 pm-3:00 pm	
50674	M	3:30 pm-4:00 pm		50695	Tu	3:00 pm-3:30 pm	
50675	M	4:00 pm-4:30 pm		50696	Tu	3:30 pm-4:00 pm	
50676	M	4:30 pm-5:00 pm		50697	Tu	4:00 pm-4:30 pm	
50677	M	5:00 pm-5:30 pm		50698	Tu	4:30 pm-5:00 pm	
50678	M	5:30 pm-6:00 pm		50699	Tu	5:00 pm-5:30 pm	
50679	M	6:00 pm-6:30 pm		50700	Tu	5:30 pm-6:00 pm	
50680	M	6:30 pm-7:00 pm	3 sess/\$54	50701	Tu	6:00 pm-6:30 pm	4 sess/\$72
50681	M	7:00 pm-7:30 pm		Kent Commons	L. Andersen		
No class	2/17						
50662	Tu	2:00 pm-2:30 pm	2/4-2/25				
50663	Tu	2:30 pm-3:00 pm					
50664	Tu	3:00 pm-3:30 pm					
50665	Tu	3:30 pm-4:00 pm					
50666	Tu	4:00 pm-4:30 pm					
50667	Tu	4:30 pm-5:00 pm					
50668	Tu	5:00 pm-5:30 pm					
50669	Tu	5:30 pm-6:00 pm	4 sess/\$72				
50670	Tu	6:00 pm-6:30 pm					

50707	M	2:00 pm-2:30 pm	1/6-1/27
50708	M	2:30 pm-3:00 pm	
50631	M	3:00 pm-3:30 pm	
50632	M	3:30 pm-4:00 pm	
50633	M	4:00 pm-4:30 pm	
50634	M	4:30 pm-5:00 pm	
50635	M	5:00 pm-5:30 pm	
50636	M	5:30 pm-6:00 pm	
50637	M	6:00 pm-6:30 pm	
50640	M	6:30 pm-7:00 pm	3 sess/\$54
50641	M	7:00 pm-7:30 pm	

Plan the year for Youth Sports!

Registration forms for upcoming sports programs will be available at local Kent schools and the Kent Commons.

Recreational programs for youth in the City of Kent or Kent School District in unincorporated King County

Sport	Reg. Opens	Reg. Deadline	Jamboree	Season End
Youth Basketball				
Coed 1/2 Grade	Early Oct.	2nd Mo in Dec	None—Program starts Mid Jan.	Early March
Boy's/Girl's 3/6 Grade	Early Sept.	1st Mo in Nov.	Fri/Sa after New Year	Early March
Boy's 7/8 Grade	Early Oct.	Last Mo in Nov.	3rd Th in January	Mid-March
Baseball/Softball				
T-Ball (pre K/K)	Early Dec.	Last Mo in February	3rd Sa in April	Mid-June
Toss Ball (1/2 Grade)	Early Dec.	Last Mo in February	3rd Sa in April	Mid-June
Boy's Baseball 3/6 Grade	Early Jan.	1st Mo in March	1st Sa in May	Late June
Boy's Baseball 7/12 Grade	Early Jan.	1st Mo in April	3rd Th in May	Mid-July
Girl's Softball 3/12 Grade	Early Jan.	3rd Mo in March	3rd Sa in May	Late June
Youth Soccer				
Co-ed Pre-K (3/4 Yrs. old)	Late May	1st Mo in August	2nd Sa after Labor Day Mid-Nov.	
Co-ed (K/1)	Late May	1st Mo in August	2nd Sa after Labor Day Mid-Nov.	
Boy's/Girl's 2/6 Grade	Late May	1st Mo in August	Sa after Labor Day	Early Nov.
Boy's Flag Football 4/7 Grade	Early June	3rd Mo in August	1st Tu in October	Mid-Nov.
Jr. Hoopsters 1/2 Grade	Early June	3rd Mo in August	None—Program is Mondays in Oct.	
Girl's Volleyball				
Girl's Spring Volleyball 6/12 Grade	Early Jan.	Last Mo in Feb	1st Thurs April	Mid-May
Girl's Fall Volleyball 7/12 Grade	Early June	2nd Mo in September	3rd Thurs Oct.	Late Nov.

Youth Basketball

COED BASKETBALL (1/2)

Recreational basketball league for boys and girls (coed) in the City of Kent or the Kent School District in unincorporated King County attending 1st/2nd grade during the 2013-14 school year. Boys and girls will be placed on a team in their own grade level. The program is eight weeks long starting mid-January. Practices are on the first two Saturdays with games on the remaining six Saturdays. 1st and 2nd grade leagues may be combined. **Deadline to register is December 9.**

Grade 1	49115	\$50
Grade 2	49116	\$50

BOYS AND GIRLS BASKETBALL (3/4/5/6)

Recreational basketball leagues for all girls and boys in the City of Kent or the Kent School District in unincorporated King County attending 3/4/5/6 grade. Practices start in December. Games are played January-March at local area gyms. Participants will be placed on a team in their grade level. Registration begins in early September; deadline is first Monday in November.

Call for Availability 253-856-5000

BOYS MIDDLE SCHOOL/HIGH SCHOOL BASKETBALL (7-12)

This program is for those boys who did not make their Middle School Team; this includes Home Team, Fifth Quarter and Travel Squad. Registrants must reside within the City of Kent, or Kent School District in unincorporated King County. All games will be played on weekday evenings and some Saturdays in January and go until early March. Season begins the week of January 20, 2014.

Call for Availability 253-856-5000

GIRLS BASKETBALL CAMP (3-6)

Learn and improve your basketball skills at camps held at Kentridge High School. Camp t-shirt included. Registration deadline is one week before camps.

49113	5a	9:00-12:00 pm	12/14
Kentridge Hs	B. Sandall		1 sess/\$25

YOUTH SPORTS OFFICIALS WANTED

Kent Parks, Recreation & Community Services is looking for new and experienced youth sports officials. Must be 14 years of age or older. If you are interested in officiating soccer, flag football, basketball, volleyball, or umpiring baseball or fastpitch, please call (253) 856-5000.

BASKETBALL SKILLS COMPETITION

Participants compete in the Hoop Shoot Freethrow and Hot Spot contest. Contestants will be divided into four age divisions starting at 8/under to 14 years old, and by gender. Competition is on Monday, December 23 at 9:30am. Warm-up and registration begin one half hour before competition. Event is free of charge. Sign up at the door.

49114	M	9:00-12:00 pm	12/23
Kent Commons			Free

RUGBY SKILLS CLINIC (6-12)

Coaches from the Kent Crusaders Youth Rugby Club will be teaching Grades 6-12 the basic skills needed to play the game in a fun and safe environment. Clinic will cover ball handling, rules of the game, patterns of play and safety in contact. Fee includes t-shirt and rugby ball. Must pre-register at least one week prior to clinic start date. For more information, call Alan Blackstock at (253) 859-6478.

50136	M-Th	4:00 pm-6:00 pm	1/13-1/16
Wilson Playfields	A. Blackstock		4 sess/\$30

Baseball/Softball

T-BALL (Pre-K/K) AND TOSSBALL (1/2)

All teams are co-ed. Teams are formed by school areas. Practices are weeknights. Practices start in late March with games beginning in mid-April. Games played Saturdays and some weeknights at local fields. Pre-K must be age 4 by 8/31/13.

Registration begins in early December; deadline to register is Monday February 24.

T-Ball	50134	\$50
Tossball	50135	\$50

BOYS BASKETBALL (3/4, 5/6, 7/8, 9-12)

Teams are formed by school areas. Games and practices are weeknights. Practices start in early April with games beginning in early May. **Registration begins in early January; deadline to register for elementary leagues is the first Monday in March. Deadline to register for middle school/senior high leagues is the first Monday in April.**

Grade 3/4	50130	\$55
Grade 5/6	50131	\$60
Grade 7/8	50132	\$65
Grade 9-12	50133	\$65

GIRLS FASTPITCH SOFTBALL

Teams are formed by school areas. Games and practices are weeknights. Practices start in mid-April with games beginning in mid-May. Season ends late June/early July. **Deadline to register is Mon. March 17.**

Grade 3/4	50124	\$55
Grade 5/6	50125	\$55
Grade 7/8	50126	\$60
Grade 9-12	50127	\$60

AQUAFINA PITCH, HIT AND RUN

Free event for boys and girls ages 7-14 who reside in the City of Kent limits or attend school within the Kent School District. Competition encourages youth participation and emphasize the fun of baseball. Participants compete in three important aspects of baseball: batting, pitching and base running.

50143	Tu	9:30am-1:00pm	4/8
Wilson Playfields			FREE

Girls Junior Volleyball

SPRING LEAGUE (6, 7/8, 9-12)

Recreational play for girls in grades 6-12. Teams are limited to 10 players. Practice held on weeknights with games predominantly on Mondays and Thursdays from late April to mid-May. **Deadline to register is Feb. 24.** Games will not overlap with Kent Parks Girls Fastpitch games.

Grade 6	50121	\$55
Grade 7/8	50122	\$55
Grade 9-12	50123	\$55

YOUTH SPORTS SPONSORSHIP

Support a youth sports team and promote your business at the same time! A \$150 Sponsorship allows fees to remain affordable. Teams will have high quality equipment and shows community involvement. **(253) 856-5000**
KentWA.gov/sportsleagues

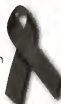
John Staley

Scholarship Fund:

A fund was established in John Staley's memory to help children that need financial assistance to participate in sports.

If you'd like to contribute:

Please call (253) 856-5000 or send contributions to: Kent Parks, Recreation & Community Services [Fund Name]
525 4th Ave. N.
Kent, WA 98032.



YOUTH/TEEN PROGRAMS

HOLIDAY CAMP

We'll keep your K-6th grader entertained during the Kent School District Winter Break with tons of interactive group games, creative arts and craft projects, and a field trip. Kids must bring a morning snack and sack lunch; afternoon snack will be provided by Kent Parks. To register your child, please call 253-856-5030.

Week 1
49135 M,Tu,Th,F 7:00 am-6:00 pm 12/23-12/27*
Kent Commons M. McCaughan 4 sess/\$124

Week 2
49136 M,Tu,Th,F 7:00 am-6:00 pm 12/30-1/3*
Kent Commons M. McCaughan 4 sess/\$124
*Camp will close at 4pm on T/24 & 12/31
No Camp 12/25 & 1/1

SPRING BREAK DAY CAMP

During this fun-filled week, campers will participate in games, sports, arts and crafts, and a field trip! Camp is for children in grades K-6. Kids must bring a morning snack and sack lunch, afternoon snack will be provided by Kent Parks. To register your child call 253-856-5030.

50144 M-F 7:00 am-6:00 pm 4/7-4/11
Kent Commons M. McCaughan 5 sess/\$155



SUMMER RESIDENT CAMP AT WASKOWITZ

A week of fun, a lifetime of memories. Campfires, sing-alongs, hiking, swimming, beach parties and more. An overnight camp for boys and girls entering 5th, 6th and 7th grades (Fall 2014). Parent and camper information nights will be held at Kent Commons on May 14th, June 11th and July 9th from 6:30 pm to 7:30 pm. Register your child online today or call 253-856-5030 for more information. \$25 non-refundable/non-transferable deposit will hold your child's spot; all fees are due paid in full by Monday, July 17th, 2014.

BOYS

50145 M-F 8:00 am-2:00 pm 8/4-8/8
Camp Waskowitz D. Street 5 sess/\$320

GIRLS

50146 M-F 8:00 am-2:00 pm 8/4-8/8
Camp Waskowitz D. Street 5 sess/\$320

PRESIDENTS' CAMP

Sign your K-6th grader up for a week packed full of crafts, songs, group games, entertainment, and a field trip during Kent School District's Presidents' Week Break. Kids must bring a morning snack and sack lunch; afternoon snack will be provided by Kent Parks. To register your child call 253-856-5030.

49138 Tu-F 7:00 am-6:00 pm 2/18-2/21*
Kent Commons M. McCaughan 4 sess/\$124
*No Camp 2/17



you me we

**A Festival
of FREE
Family Fun!**

January 24, 2014
6 - 9 p.m.
at ShoWare Center

21ST CENTURY PARTNERSHIP

Kent Parks is proud to partner and provide recreation activities with the 21st Century Community Learning Center after school programs at East Hill, Neely O'Brien, Martin Sortun, Millennium and Star Lake Elementary Schools during 2013-2014 school year.



AFTER SCHOOL ENERGY

Looking for a fun-filled afternoon for your K-6th grader? We offer a variety of HIGH ENERGY activities at 8 local elementary schools that will get your child up and active and having a ton of fun while doing it - for FREE! Just complete our ASE registration form and return it to Kent Commons so your child can attend. Space is limited and REGISTRATION IS LIMITED TO ONE SCHOOL PER CHILD. There is no program on conference days, or during school holidays. Please call 253-856-5030 for more information.

Park Orchard Elementary

49127 Tu 3:38 pm-5:00 pm 11/19-5/27
M. McCaughan FREE

Meadow Ridge Elementary

49128 Tu 2:38 pm-5:00 pm 11/19-5/27
M. McCaughan FREE

Panther Lake Elementary

49129 W 3:58 pm-5:00 pm 11/20-5/28
M. McCaughan FREE

Scenic Hill Elementary

49130 W 2:38 pm-5:00 pm 11/20-5/28
M. McCaughan FREE

Horizon Elementary

49131 Th 3:28 pm-5:00 pm 11/21-5/29
M. McCaughan FREE

Kent Elementary

49132 Th 3:08 pm-5:00 pm 11/21-5/29
M. McCaughan FREE

Pine Tree Elementary

49133 F 3:38 pm-5:00 pm 11/22-5/30
M. McCaughan FREE

East Hill Elementary

49134 F 3:38 pm-5:00 pm 11/22-5/30
M. McCaughan FREE

YOUTH/TEEN PROGRAMS



After School All-Stars is a middle school recreation program for students at four community sites. Each location has its own activities and special events that keep teens engaged, active and healthy. **The program is free but pre-registration is required.** Contact Kent Parks Youth & Teen Division at (253) 856-5030 for more information today.

MILL CREEK AFTER SCHOOL ALL STARS

49139 M, W 3:00 pm-5:00 pm 11/18-5/28
B. Steward FREE

MERIDIAN AFTER SCHOOL ALL STARS

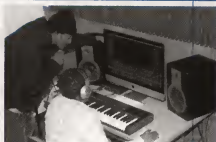
49140 Tu, Th 3:00 pm-5:00 pm 11/19/5/29
B. Steward FREE

NIKE MANOR AFTER SCHOOL ALL STARS

49141 M, W 3:00 pm-5:00 pm 11/18-5/28
D. Hobbs FREE

MEEKER AFTER SCHOOL ALL STARS

49142 Tu, Th 3:00 pm-5:00 pm 11/19/5/29
D. Hobbs FREE



Kent Parks Community Center 11000 SE 264th

Whether you're looking to get involved, get in shape or just hang out, we offer something for everyone:

- Full Court Basketball
- Breakdancing
- Video Game Room
- Music Studio and more

Ages 7th grade through 19 years of age. I.D. is required. School ASB card or Drivers License. No hats allowed.

Monday-Thursday, 4:30-9:00 p.m.

Friday, 4:30-9:45 p.m.

Saturday, 5:30-9:45 p.m.

Be sure to check us out at kentteens.com for pictures, program updates and upcoming special events



Meridian Middle School FREE Late Night

Calling all 7th grade to 19 year olds!

Open every Tuesday from 5:30-9:00 pm

Open gym and more!

Meridian Middle School,
23480 120th Ave. S.E.

Bring all your friends and your I.D.



Totem Middle School FREE Late Night

Calling all 6th grade through 9th graders!

There's something for everyone.
Indoor Soccer • Music • Board Games
• Basketball • Special Events • Art

Fridays from 5:00-9:30 p.m.

26630 40th Ave. S.

Bring all your friends and your I.D.

For more info call 253.856.5030
visit KentTeens.com
or Facebook.com/KentTeens

ADAPTIVE RECREATION

MARY LOU BECKER MEMORIAL FUND

A memorial fund has been established in memory of our dear friend and co-worker, Mary Lou Becker. This fund is used to assist people in need to participate in recreation programs. If you would like to donate, call (253) 856-5030 or send contributions to:

Adaptive Recreation • Mary Lou Becker Memorial Fund, 525 4th Ave. N., Kent, WA 98032.

**WINTER REGISTRATION
for Adaptive Recreation begins
December 4th at 8:00 a.m.**

ADAPTIVE RECREATION 525 4th Ave. N. Kent, WA 98032

The Adaptive Recreation Division offers a full range of programs and services for citizens with and without disabilities in our community. Please call (253) 856-5030 for information or details about specific programs.

STATEMENT OF INCLUSION

"Everyone in the City of Kent community shall have the opportunity to equally participate in, benefit from, and enjoy the parks and recreation programs and facilities. Our mission is dedicated to enriching the lives of all persons participating in Kent Parks, Recreation and Community Services."

PLEASE NOTE:

Program staff provide leadership during activities, however if 1:1 support is necessary to provide for personal needs beyond general program instruction, a support person is welcome to attend at no additional cost. Please call Adaptive Recreation at (253) 856-5030 for more information.

METRO ACCESS USERS!

Please remember your rides should be scheduled no more than 30 minutes before and no more than 30 minutes after a program. Failure to comply may result in additional charges to your account.

STUDIO 315

Studio 315 is a social club with activities including dances, talent shows, theme nights and holiday parties.

50147 F 7 pm-9 pm 1/10-3/14
Kent Commons L. Wagie 10 sess/560

January

3 No Club

10 Harmony Kings of Federal Way

Kick off the New Year with the annual concert from your favorite Harmony Kings of Federal Way.

17 Snowflake Ball

Wear your best black and white clothes and dance with your friends.

24 Neon Madness

Get your glow sticks at the door and make the dance floor neon fun.

31 Caribbean Night

Wear your coolest island gear and flip flops and we will dance to the best of Jimmy Buffet and more.

February

7 Pizza and Dancing

Bring \$4.00 for pizza and pop. We will dance after we eat.

TEEN 315

Studio Teen 315 is a social group for ages 13-21. Activities included various themed nights. This group meets every second Thursday of each month 6:00 pm to 8:00 pm, unless otherwise noted.

50148 Th 6-8pm 1/9, 2/13, 3/13
W. Mondier 3 sess/ 518

January 9

Games and Pizza

Play various games, listen to music and eat pizza. Please bring \$4.00 for all you can eat pizza and pop.

February 13

Sweetheart Dance

Grab your sweetheart and take a spin on the dance floor. We will have sweet treats for snack.

March 13

Canvas Painting Madness

With the leadership of our own Adaptive Recreation art instructor, everyone will create a one of a kind canvas painting.



14 Sweetheart Dance

Grab your sweetheart and hit the dance floor for a great night. We will have sweet treats for snack.

21 50's Night

We are bringing back the oldies tonight. Girls wear your poodle skirts and guys wear your jeans and leather.

28 Open Mic Night

Sign up to show off your singing talents.

March

7 Flipped Out Friday

Come make your own fun flipbook with "Flipped Out Productions". Everyone will get a book to take home.

14 St. Patrick's Dance

Wear green and dance the night away with your friends.

21 No Club

28 No Club

ADAPTIVE RECREATION

Community Exploration

ACME BOWLING AND LUNCH

Head to ACME Bowl in Tukwila for some bowling and then walk across the street to have lunch at the Southcenter Mall food court. You will need to bring \$10.00 for bowling. You may pack a sack lunch, or bring \$12.00 to buy one.

50149	W	11:00 am-4:00 pm	1/8
Kent Commons	L. Hosford		1 sess/\$25

LUNCH AND A MOVIE

Join us for a movie at Redmond Gold Cinemas. We have reserved premium recliner seats that include a pillow, blanket and popcorn. Please pack a sack lunch to eat before or after the movie. *Movie admission is included in the price of this trip (non-refundable). Please note the trip time is subject to change depending on available movie times.

50152	W	10:00 am-3:00 pm	1/22
Kent Commons	L. Hosford		1 sess/\$40

DUWAMISH LONGHOUSE & CULTURAL CENTER

We will tour the Duwamish Longhouse and Cultural Center to learn about the Duwamish Tribal history and then head to lunch at a local restaurant. Please bring \$15.00 for lunch or pack a sack lunch. If time allows, we will stop at Cupcake Royale for a sweet treat on the way home. Money for this is optional (\$10.00 is suggested).

50153	W	10:00 am-3:00 pm	2/5
Kent Commons	L. Hosford		1 sess/\$25

CREATIVELY YOURS PAINTING PARTY

Pick out a fun piece of pottery and paint just the way you like. Cost of pottery is not included in the price of the trip, pieces range from \$8-\$20, please bring money to buy what you would like to paint (\$15.00 is suggested). We will eat lunch at the Crossroads Mall food court after we paint. Please bring \$12.00 for lunch or pack a sack lunch. *It takes up to one week to fire and glaze each piece; we will call you to pick them up at Kent Commons when they are finished.

50154	W	10:00 am-3:00 pm	2/19
Kent Commons	L. Hosford		1 sess/\$25

RED ROBIN & MALL WALKING

Have lunch with your friends at Red Robin and then we will head to the Super Mall for some leisure walking. Please bring \$20.00 for lunch (exact cash only). This will cover your lunch, soda and group gratuity.

50155	W	10:30 am-3:30 pm	3/5
Kent Commons	L. Hosford		1 sess/\$25

Space is extremely limited for outings and there are others waiting to participate if you cannot. Currently, a minimum of three (3) business days is required to request an account credit or refund, and refunds will incur a \$5.00 processing fee.



Trips & Tours

CANVAS PAINTING & PIZZA

This Saturday experience will provide a fun and social atmosphere in which to be creative! A skilled artist will guide you step-by-step through creating the chosen featured painting. Starting with a blank canvas and a lunch of pizza and pop, you will go home with your own personal creation. *Pizza, pop, canvas and other painting materials are included in the cost of this activity.

50156	Sa	11:00 am-4:00 pm	1/18
Kent Commons	L. Wagie		1 sess/\$40

DINNER AND A MOVIE

We will catch the latest blockbuster and then have dinner at a local eatery. Please bring \$10.50 for admission into the movie. You may pack a sack dinner or bring \$12.00 to purchase your meal. Extra money for movie snacks is optional (\$15.00 is suggested). *NOT WHEELCHAIR ACCESSIBLE.

50157	Sa	3:00 pm-8:00 pm	2/15
Kent Commons	L. Wagie		1 sess/\$25

LEMAY CAR MUSEUM

We will take a tour of LeMay, America's Car Museum. LeMay is situated right in the heart of Tacoma, Washington and is one of the world's largest auto museums and attractions. Please bring \$14.00 for admission into the museum and \$12.00 for lunch or pack a sack lunch. *NOT WHEELCHAIR ACCESSIBLE.

50158	Sa	10:30 am-3:30 pm	3/8
Kent Commons	L. Wagie		1 sess/\$25

Cooking

COOKING - BASIC SKILLS

Learn the basic skills of preparing a meal. Enjoy nutritious food with friends and have fun learning to cook.

50159 Tu 5:30 pm-7:00 pm 1/7-3/11*
Kent Commons J. Reynolds 8 sess/556
*No class 1/21, 2/18

TEEN LUNCH BUNCH

This class will focus on basic, simple, quick and affordable lunch menus and meals. This interactive hands-on cooking class is intended to build independent cooking skills.

50160 M 11:00 am-12:30 pm 1/6-3/10
Kent Commons J. McLaughlin 8 sess/556



Technology

ACCESS THE FUTURE COMPUTER CLASS

A computer class designed for individuals with developmental and/or physical delays. Class meets at the Kent Senior Activity Center in the computer training lab. *Please note registration is limited to one class per quarter (Monday OR Tuesday) due to space limitations.

50175 M 2:30 pm-4:00 pm 1/6-3/10*
Senior Center J. McLaughlin 8 sess/548
*No class 1/20, 2/17

50176 Tu 3:30 pm-5:00 pm 1/7-3/11*
Senior Center J. McLaughlin 8 sess/548
*No class 1/21, 2/18



Health and Fitness

FLEXI-FIT & FUN

This creative fitness program focuses on improving strength, balance, coordination and endurance.

50161 M 2:45 pm-3:45 pm 1/6-3/10*
50162 M 4:00 pm-5:00 pm 1/6-3/10*
Kent Commons L. Wagie 8 sess/548
*No class 1/20, 2/17

GET FIT WHILE YOU SIT

This class is specifically for individuals with balance issues and/or limited mobility. Participants will do various stretches, use flexi bands and tennis balls while sitting in a chair. The instructor will work with everyone to modify the workout to fit the participant's abilities.

50163 M 5:15 pm-6:15 pm 1/6-3/10*
Kent Commons L. Wagie 8 sess/548
*No class 1/20, 2/17



ZUMBA

Get in shape the Zumba party way, dancing to high energy Latin music. Try it once and you will be hooked, there is no other like it. This class is designed for people with developmental and physical disabilities.

50164 Th 1:00 pm-2:00 pm 1/9-3/20*
Kent Commons K. Caplan 10 sess/550
*No class 2/20

ZUMBA TONING

This class will target toning as well as cardio; participants will hold 1 lb maracas during class. Please wear comfortable workout clothing.

50165 Tu 12:00 pm-1:00 pm 1/7-3/18*
Kent Commons K. Caplan 10 sess/550
*No class 2/18

MOVIN' AND GROOVIN'

A parent-child play program designed for children with and without disabilities, involving gross motor play, action songs, singing and parachute time.

Ages 15-24 months

50166 F 10:30 am-11:30 am 1/10-2/14
50167 F 10:30 am-11:30 am 2/21-3/28

Ages 24-48 months

50168 F 11:45 am-12:45 pm 1/10-2/14
50169 F 11:45 am-12:45 pm 2/21-3/28
SKIP/CTC C. Staff 6 sess/536

SERVICES

• M.S. Support Group

Monthly meetings are held at the Kent Senior Activity Center (600 E. Smith St.) the 3rd Thursday of each month, from 10:00 a.m. until 12:00 noon.

*Winter schedule: 1/16, 2/20, 3/20.

For more information, please contact Lisa Boon at (253) 630-1722.

• NAMI (South King County)

Offering support and education for anyone who has or is involved with someone who has a mental illness; meetings are held on the 2nd and 4th Tuesdays of each month from 6:30 p.m.-8:30 p.m. at the Alliance Center (515 W. Harrison St.). Winter schedule: 1/14, 1/28, 2/11, 2/25, 3/11, 3/25.

For more information call (253) 854-6264.

Creative Arts

CREATIVE ART SPACE

Winter is a time of reflection and renewal. This quarter students will create personal two- and three-dimensional pieces using mixed media to represent ideas, people and things they value as well as their hopes and dreams for the New Year. Students will also use a variety of expressive materials to create their own small altar-style sculptures inspired by the works of Frida Kahlo.

50172 Tu 10:00 am-12:00 pm 1/7-3/11*
Kent Commons A. Watts-Driscoll 9 sess/599
*No class 2/18

50173 Th 10:00 am-12:00 pm 1/9-3/13*
Kent Commons A. Watts-Driscoll 9 sess/599
*No class 2/20

ARTIST STUDIO

Students will work independently on paintings, drawings or their favorite subject. They will learn composition, mixing colors and using different medium techniques. *NEW PARTICIPANTS: INSTRUCTOR APPROVAL REQUIRED.

50174 Th 1:00 pm-3:00 pm 1/9-3/13*
Kent Commons A. Watts-Driscoll 9 sess/599
*No class 2/20



ADAPTIVE RECREATION

Sports

BASKETBALL

Shoot hoops and learn basic skills and good team strategy. Participate in Special Olympics Regional Basketball Tournament on Sunday, 2/9 in Issaquah. Great fun for everyone!

*Regional tournament is included in the 9 sessions.

SOWA state tournament in Wenatchee 2/28-3/2. \$25 registration fee for each participant attending.

49174 W 6:30 pm-8:00 pm 12/11-2/12*
Meridian K. Bigelow 9 sess/\$54
Middle School
*No class 12/25, 1/1



DEVELOPMENTAL SWIMMING

Beginners Swimming

This course is designed for individuals 8 years and up who have never been in the water before, or need to build confidence in the water. Instructors will work with participants on floating independently, kicking your legs from the wall, and the very basics of swimming. This is a group instruction class, so if you need a 1:1 in the water you will need to bring a care provider with you.

50178 Sa 9:00 am-9:45 am 1/4-3/8*
Kent Meridian Pool J. McLaughlin 9 sess/\$54
*No class 2/15

Basic to Intermediate Swimming

This course is designed for individuals with developmental and/or physical disabilities. Individuals will learn stroke development and basic to intermediate swimming skills.

50179 Sa 10:00 am-10:45 am 1/4-3/8*
Kent Meridian Pool J. McLaughlin 9 sess/\$54
*No class 2/15

DOLPHINS SWIM TEAM

This course is designed for individuals 8 and up, with developmental and/or physical disabilities, to improve swimming skills and strokes. All athletes must have a current Special Olympics medical form on file. Spring Quarter regional tournament on 4/19 included in cost and number of sessions and only participants who qualify will attend state tournament on 5/31.

50180 Sa 11:00 am-12:00 pm 1/4-3/8*
Kent Meridian Pool J. McLaughlin 9 sess/\$54
*No class 2/15

50181 Sa 11:00 am-12:00 pm 3/22-6/7*
Kent Meridian Pool J. McLaughlin 10 sess/\$65
*No class 4/19

Winter registration required to participate in the Spring Regional Special Olympic tournament.



CHEER TEAM

This class will focus on learning cheers, group dance routines and spirit. Participants will attend Special Olympics tournaments and cheer on the Kent Parks teams.

50177 Tu 7:00 pm-8:00 pm 1/7-3/11*
Kent Commons R. Buckley 8 sess/\$48
*No class 1/21, 2/18

TENNIS

Learn basic tennis skills from a pro! This inclusive program is designed for individuals with special needs ages 12 and up; or with instructor approval.

50182 Sa 6:00 pm-7:00 pm 1/11-3/15*
Boeing Employees A. Overland 9 sess/\$54
Tennis Club
*No class 2/15

TRACK AND FIELD

Events include running, walking, ball throw, shot put, long jump, and wheelchair events. Includes participation in Special Olympics tournaments with MANDATORY TEAM PRACTICE REQUIRED.

50183 W 6:30 pm-8:00 pm 3/19-5/28*
Mill Creek K. Bigelow 10 sess/\$55
Middle School
*No class 4/9

Winter registration required to participate in the Spring Regional Special Olympic tournament.

THANK YOU

Employees Recycling Program,
Kent Parks Foundation,
Quota International of Kent Valley
and Thunderbirds Community Sports
Foundation for your continued support
and community partnership with
Kent Parks' Adaptive Recreation/
Youth & Teen Programs.



MEDICAL FORMS/ COMPETITION INFORMATION

To participate in Special Olympics training programs and tournaments, applicants must have a current Application of Participation (medical form) on file with Adaptive Recreation. Medical forms are good for up to three (3) years. Please call (253) 856-5030 if you have questions.

Winter Sports Programs

DAY	PROGRAM	TIME	LOCATION
Monday	Flexi Fit & Fun	2:45-3:45 pm	Kent Commons
	Flexi Fit & Fun	4-5 pm	Kent Commons
Tuesday	Cheer	7-8 pm	Kent Commons
Wednesday	Basketball	6:30-8 pm	Meridian Middle School
Saturdays	Swimming x3	9 am-Noon	Kent Meridian Pool
	Tennis	6-7 pm	Boeing Emp. Tennis Club



RIVERBEND GOLF COMPLEX



6,701 Yards • Par 72
18-Hole Championship
Golf Course

1,174 Yards
Par 3 Golf Course • 9-Hole

Covered Driving Range

Miniature Golf Course

Award winning Pro Shop

Mick Kelly's Irish Pub
and Restaurant

2013-14 Events

December 7, 2013

Winter Demo Day

April 9-11, 2014

Spring Break Jr Golf Camp

April 13, 2014

19th Annual Junior Spring Classic

A City of Kent Facility

2019 W. Meeker St., Kent, WA

253.TEE.TIME

riverbendgolfcomplex.com

facebook.com/riverbendgolfcomplex

@cityofkent



18 HOLE GREEN FEES

Monday - Friday

	Jan-Feb/ Nov-Dec	Mar-Apr Oct	May-Sept
9 Holes	\$15	\$18	\$22
9 Holes Sr./Military	\$13	\$16	\$18
9 Holes Junior	\$7	\$7	\$7
18 Holes	\$25	\$32	\$36
18 Holes Sr./Military	\$22	\$28	\$29
18 Holes Junior	\$12	\$12	\$12
Twilight	\$16	\$18	\$20

Saturday - Sunday & Holidays

	Jan-Feb/ Nov-Dec	Mar-Apr Oct	May-Sept
9 Holes	\$18	\$20	\$24
9 Holes Junior	\$9	\$9	\$9
18 Holes	\$30	\$36	\$41
18 Holes Junior	\$16	\$16	\$16
Twilight	\$18	\$20	\$24
Golf and Cart Special	\$36	\$44	\$50

9 Holes	18 Holes	9 Holes	18 Holes	9 Holes	18 Holes
Pull Cart.....\$3.....\$5	Power Cart...\$9.....\$12/\$14	Rental Clubs...\$15.....\$25			

PAR 3 COURSE

Monday - Friday

	Oct-Mar	Apr-Sept
9 Holes	\$10	\$13
9 Holes Sr./Military	\$9	\$10
9 Holes Junior	\$5	\$7
Back 9	\$9	\$9
Twilight	\$9	\$9
Pull Cart	\$3	\$3

Saturday - Sunday & Holidays

	Oct-Mar	Apr-Sept
9 Holes	\$12	\$15
9 Holes Sr./Military	\$10	\$12
9 Holes Junior	\$6	\$9
Back 9	\$9	\$10
Twilight	\$10	\$12
Pull Cart	\$3	\$3

DRIVING RANGE

Small	\$6
Small Senior	\$5.50
Small Junior	\$4.50
Large	\$10
Large Senior	\$9
Large Junior	\$8
40 Small Bucket Pass	\$140
40 Small Bucket Pass Jr/Sr	\$125

GOLF INSTRUCTION

	Adult	Junior
30 Minute Private.....	\$50.....	\$45
60 Minute Private.....	\$90.....	\$80
Series of 4, 30 Minute Private.....	\$180.....	\$160

ALL PRICES ARE SUBJECT TO CHANGE.

Instructors:

Marti O'Neill, PGA Head Professional
Eric Hinrichs, PGA Assistant Professional
Josh Immordino, PGA Assistant Professional
Jon Shabel, PGA Assistant Professional
Justin Harvey, PGA Assistant Professional

ADULT PROGRAMS

Cooking

ITALIAN COOKING

Italy is the home of good cooking and the next best thing to being there is being in the company of an renowned Italian chef. Share recipes and samples as you learn to make nutritious and healthy meals. All supplies included.

PASTA

Learn to make homemade pasta and fillings such as ravioli, tortellini and other basic pasta shapes.

50709 W 6:30 pm-8:30 pm 1/8

SAUCES

White or red? The secret is in the sauce! Learn the secrets of great sauces and how they enhance various dishes.

50710 W 6:30 pm-8:30 pm 1/15

CHICKEN - ITALIAN STYLE

Come and learn some ways of making chicken Italian style and spice up your dinner.

50714 W 6:30 pm-8:30 pm 1/29

DESSERT

Learn to make biscotti, puff pastry, tiramisu and other popular, heavenly Italian desserts.

50711 W 6:30 pm-8:30 pm 2/5

PORK - ITALIAN STYLE

Come and learn some ways of making pork Italian style and spice up your dinner.

50715 W 6:30 pm-8:30 pm 2/12

BREAD & PIZZA

Learn to make this rustic country bread recipe. From this recipe, you will make variations from breadsticks to pizza. All recipes and samples included.

50712 W 6:30 pm-8:30 pm 2/19

FISH - ITALIAN STYLE

Come and learn some ways of making fish Italian style and spice up your dinner.

50716 W 6:30 pm-8:30 pm 3/5

BEEF - ITALIAN STYLE

Come and learn some ways of making beef Italian style and spice up your dinner.

50717 W 6:30 pm-8:30 pm 3/19

GLUTEN FREE

Join us to learn and sample some great recipes for gluten free cooking.

50713 W 6:30 pm-8:30 pm 3/26
Kent Commons N. Hamilton 1 sess/\$22

ITALIAN COOKING ON A BUDGET

Preparing and eating a decadent Italian style meal is more affordable than you think. Let me show you how! Cooking demonstration and samples will be shared at class.

50718 W 6:30 pm-8:30 pm 3/12
Kent Commons N. Hamilton 1 sess/\$22

MEDITERRANEAN COOKING

Garlic, capers, olive oil, tomatoes and olives are some of the staples of Mediterranean cooking. Learn to make a complete meal from appetizers to main dishes in this workshop using these staples along with a cadre of fresh vegetables and healthy ingredients. All recipes and samples shared.

50719 W 6:30 pm-8:30 pm 2/26
Kent Commons N. Hamilton 1 sess/\$22

THAI COOKING

Explore some of the basic cooking techniques and ingredients of Thai food as you experiment with various spices and food combinations in this hands-on workshop. Recipes and samples shared.

THAI I
Satay and peanut sauce, vegetable fried rice.

50720 M 7:30 pm-9:30 pm 3/10

THAI II
Spicy basil chicken, hot & sour soup.

50721 M 7:30 pm-9:30 pm 3/17

THAI III
Chicken Korma (spicy chicken curry in yogurt sauce), cashews & raisin fried rice.

50722 M 7:30 pm-9:30 pm 3/24
Kent Commons M. Sharma 1 sess/\$22

Creative Arts

DRAWING

Bring a sketch book and pencils for one hour of sketching and improving drawing abilities with individual help from artist/instructor. Fun projects planned for students to sample a variety of interpretations of art.

50723 W 1:00 pm-2:00 pm 1/15-2/12
50724 W 1:00 pm-2:00 pm 2/26-3/26
Kent Commons C. McNeil 5 sess/\$35

PRIVATE ART LESSONS

One-on-one tutoring designed for the beginning to intermediate student. Artist Cathe McNeil is available for lessons in drawing, watercolor, oil pastel and cartooning.

50807 Sa 4:00 pm-4:30 pm 1/11-2/1
50808 Sa 4:30 pm-5:00 pm 1/11-2/1
50809 Sa 5:00 pm-5:30 pm 1/11-2/1
50810 Sa 4:00 pm-4:30 pm 3/8-3/29
50811 Sa 4:30 pm-5:00 pm 3/8-3/29
50812 Sa 5:00 pm-5:30 pm 3/8-3/29
Kent Commons C. McNeil 4 sess/\$66



WATERCOLOR PAINTING

Come experience the joy and beauty of watercolor painting. Learn traditional and experimental watercolor techniques and application. Class includes demonstration, individual assistance, discussion and critique. Instructor continually introduces new methods and projects. Beginners - intermediate. Supply list will be mailed.

50725 Tu 1:00 pm-3:00 pm 1/21-2/25
50726 Tu 1:00 pm-3:00 pm 3/11-4/22
Kent Commons J. Iwasaki 6 sess/\$55
No class 3/25

WRITING FOR CHILDREN & GETTING PUBLISHED

For the novice writer, we'll explore plot, character, view point, and dialogue. Class also covers how to submit a manuscript and getting published. Lots of tips and plenty of time for questions.

50727 Th 6:30 pm-9:00 pm 3/6
Kent Commons A. Ruback 1 sess/\$29

Dance

BEGINNING BALLET (Ages 16+)

Basic level ballet steps, beginning level barre and centre floor. A great class for stretching and toning. Ballet shoes required. Drop-ins are welcome at \$8 per class.

50742 F 6:00 pm-7:00 pm 1/10-3/28
Kent Commons M. Murphy-Brown 11 sess/\$77
No class 3/14

BEGINNING BELLY DANCING

All ages/all sizes welcome. The benefits of yoga, and non-impact aerobics at the same time. Body isolations, shimmy techniques and much more. Two beginning topic sets available. Visit www.saqranet.com for more information.

50748 Tu 12:00 pm-1:20 pm 1/7-1/28
50749 Tu 6:00 pm-7:20 pm 1/7-1/28
50750 Th 1:30 pm-3:00 pm 1/9-1/30
50751 Th 5:00 pm-6:20 pm 1/9-1/30
50752 Th 7:40 pm-9:00 pm 1/9-1/30
50753 Tu 12:00 pm-1:20 pm 2/4-2/25
50754 Tu 6:00 pm-7:20 pm 2/4-2/25
50755 Th 1:30 pm-3:00 pm 2/6-2/27
50756 Th 5:00 pm-6:20 pm 2/6-2/27
50757 Th 7:40 pm-9:00 pm 2/6-2/27
Saqra's Studio S. Raybuck 4 sess/\$45

DANCE LESSONS (Ages 16+)

Learn to dance for the fun of it! It's so much fun you won't even realize how much exercise you're getting. The classes are light hearted and you'll be dancing by the end of the first class. All of these dances are suitable for beginners and those new to partner dancing - guaranteed to be fun and easy for all! Classes held at Kent Memorial Park Building, 850 N. Central. **No partner required and drop-ins welcome at \$12 per class.**

EAST COAST SWING

If you learn just one dance, this is it. It's the fun, easy American dance done to many types and speeds of music.

50728 Tu 6:30 pm-7:30 pm 1/7-2/4
Kent Memorial Park M. Imlay 5 sess/\$45

LINE DANCING

Have fun learning dance steps while getting exercise, enjoying the music, and relieving stress. No partner or experience needed.

50729 Tu 7:30 pm-8:30 pm 1/7-2/4
Kent Memorial Park M. Imlay 5 sess/\$45

ARGENTINE TANGO

You've seen it on Dancing with the Stars! Come experience Argentine Tango dancing. You'll be introduced to this unique, special dance in a fun, easy environment.

50730 Tu 8:30 pm-9:30 pm 1/7-2/4
Kent Memorial Park M. Imlay 5 sess/\$45

WEST COAST SWING

This is our dance - born on the west coast! The coolest form of swing, danced to blues, jazz, contemporary and more. It's perfect for all ages!

50731 Tu 6:30 pm-7:30 pm 2/11-3/11
Kent Memorial Park M. Imlay 5 sess/\$45

DANCE SURVIVAL

This is your chance to give dancing a whirl! It's guaranteed fun with lots of time to practice. We want you to enjoy the upcoming party or wedding and be able to enjoy dancing with any song.

50732 Tu 7:30 pm-8:30 pm 2/11-3/11
Kent Memorial Park M. Imlay 5 sess/\$45

COUNTRY VARIETY

Learn the basic steps for several country dances: Country 2-Step, Cowboy Cha Cha, Schottische, line dances and (time permitting) the Waltz. Everything you need to enjoy an evening of country dancing. Singles and couples welcome.

50733 Tu 8:30 pm-9:30 pm 2/11-3/11
Kent Memorial Park M. Imlay 5 sess/\$45

JAZZ DANCE (Ages 16+)

Will work for strength and flexibility. Class works on short combinations and complete jazz routines. Beginning to intermediate level welcome. Drop-ins welcome at \$8 per class.

50743 Th 7:30 pm-8:30 pm 1/9-3/27
Kent Commons M. Murphy-Brown 11 sess/\$77



TAP DANCE (Ages 16+)

Learn tap combos and routines in this energetic class. Drop-ins welcome at \$8 per class.

Beginning

50744 Tu 3:00 pm-4:00 pm 1/7-3/25
50745 W 7:45 pm-8:45 pm 1/8-3/26
Kent Commons M. Murphy-Brown 11 sess/\$77
No class 3/11, 3/12

Continuing

50746 F 7:15 pm-8:15 pm 1/10-3/28
Kent Commons M. Murphy-Brown 11 sess/\$77
No class 3/14

Advanced

50747 Tu 7:15 pm-8:15 pm 1/7-3/25
Kent Commons M. Murphy-Brown 11 sess/\$77
No class 3/11

General

DIGITAL POINT-N-SHOOT CAMERAS FOR BEGINNERS

New digital point-and-shoot camera? Learn how to use it, compose great photos and what to do with your photos. Bring the camera with battery charged and manual.

50734 F 6:00 pm-9:00 pm 1/10
50735 F 6:00 pm-9:00 pm 3/14
Kent Commons D. Bonine 1 sess/\$40

DIGITAL SLR CAMERAS FOR BEGINNERS

New digital SLR camera? Learn how to use all the settings, compose great photos and various lens types. Bring the camera with battery charged and manual.

50736 F 6:00 pm-9:00 pm 2/21
Kent Commons D. Bonine 1 sess/\$40

NEW HOW THE SPINE WORKS & WHY IT DEGENERATES

Do you suffer from back pain or just want to learn more about the spine? Then this workshop is for you! We will discuss the bio mechanics of the spine, what process leads to degeneration and how we can prevent them. Presenter is Dr. Slava Borisenko D.C. of NW Spine and Rehabilitation Clinic.

50875 F 7:30 pm-8:30 pm 2/7
50876 Tu 10:30 am-11:30 am 3/11
Kent Commons S. Borisenko 1 sess/\$5

Health and Fitness

MEDITATION

Meditation provides deep physical rest and profound emotional relaxation. It is the perfect solution for fatigue and stress. Learn simple yet effective meditation techniques.

50804 M 7:00 pm-8:00 pm 1/13
Neely-Soames M. Imlay 1 sess/\$10
Historic Home

YOGA MOVING WITH BODY & MIND

Find the ease of moving which will lead to deep relaxation. You will stretch, learn to coordinate your breathing and learn basic yoga moves and techniques. Please bring a mat and large towel to class.

50737 M 6:00 pm-7:00 pm 1/6-2/10
Kent Commons C. Rosenfield 5 sess/\$40
No class 1/20

50738 W 6:00 pm-7:00 pm 1/8-2/12
Kent Senior C. Rosenfield 6 sess/\$48
Activity Center

50740 W 6:00 pm-7:00 pm 2/19-3/26
Kent Senior C. Rosenfield 6 sess/\$48
Activity Center

50739 M 6:00 pm-7:00 pm 2/24-3/24
Kent Commons C. Rosenfield 5 sess/\$40

ADULT PROGRAMS

Dog Obedience

Join us in one of our many dog obedience classes. Instructor Jennifer Schneider owns Pick of the Litter Dog Training, and is a certified Pet Dog Trainer. For more information visit www.pickofthelitterdogtraining.com. All classes held at the Kent Memorial Park Building.

BASIC MANNERS

We know that you are tired of your dog pulling on the leash, running off instead of coming to you, and jumping up on everyone. We have a plan to help you. Enroll in our results based, pain free, introductory dog training class, and your dog will learn to sit and stay, walk nicely on leash, come when you call, and lie down and relax. You will be shown how to use these behaviors in real life situations, with and without treats. Your dog will learn to socialize with other dogs calmly and sit to stay hello to people. You will receive customized solutions to help with the behavior problems you are having at home. The result will be a well trained dog that listens consistently, even when distracted by other things. For dogs 5 months of age and older.

50758	W	6:30 pm-7:30 pm	1/8-2/12
50759	Su	3:45 pm-4:45 pm	1/19-2/23
50760	M	5:15 pm-6:15 pm	2/3-3/10
50761	W	6:30 pm-7:30 pm	2/19-3/26
50762	Su	3:45 pm-4:45 pm	3/2-4/6
Kent Memorial Park J. Schneider 6 sess/\$95			

PUPPY KINDERGARTEN

Open Enrollment: Puppies are like little sponges they soak up everything around them and learn new things quickly. Take advantage of this time by getting your puppy into puppy class right away. Puppy classes are ongoing, so no more waiting for classes to start and wasting precious time. You can sign up today and start classes tomorrow. You can even come to more than one puppy class per week at no extra charge. Your puppy will learn how to play with other puppies, get to meet lots new people, explore safe agility equipment, and learn age appropriate obedience skills, such as sit, come, and walking without pulling. You will receive customized solutions to the problems you are having at home, such as nipping, potty training, jumping up, and chewing. For puppies 8 weeks to 5 months old.

50777	Su	2:30 pm-3:30 pm	1/5-3/30
50775	M	6:30 pm-7:30 pm	1/6-3/31
Kent Memorial Park J. Schneider 6 sess/\$95			

50776	W	7:45 pm-8:45 pm	1/8-3/26
Kent Memorial Park J. Schneider 6 sess/\$95			

FEISTY FIDO

If you have a reactive or aggressive dog, this is the class for you. This class is designed to help dogs who behave inappropriately in social settings - barking, lunging or growling at people or dogs. Learn specific, scientifically proven techniques to help your dog to behave, relax and refocus in these settings. Provides gradual and controlled on leash exposure to dogs and people, while teaching specific obedience skills that are incompatible with reactivity. No dogs first class.

50766	Th	7:45 pm-8:45 pm	1/2-2/6
50768	W	5:15 pm-6:15 pm	1/15-2/19
50767	Th	6:30 pm-7:30 pm	2/6-3/20*
50769	W	5:15 pm-6:15 pm	2/26-4/2*
Kent Memorial Park J. Schneider 6 sess/\$115			

*No class 2/13



FEISTY FIDO - LEVEL 2

Continuation of the skills learned in Feisty Fido. This class is the next step for dogs who behave inappropriately around dogs or people. Continue teaching your dog appropriate social skills. More on-leash practice with parallel walking, passing, approaching and greeting dogs or people, but from decreasing distances, including up close interactions. Includes basic manners skills - stay, come, and heel. Prerequisite: Feisty Fido.

50770	Th	7:45 pm-8:45 pm	2/20-3/27
Kent Memorial Park J. Schneider 6 sess/\$115			

SCAREDY DOG

If you have a scared or fearful dog, this is the class for you. This class is designed to help dogs who tend to avoid, hide or retreat from dogs or people. Dogs in this class should be non-aggressive. Work at your dog's comfort level to build his confidence and slowly introduce him to new situations with the least stress possible. Provides gradual and controlled on leash exposure to dogs and people, along with basic obedience instruction. No dogs first class.

50782	Th	5:15 pm-6:15 pm	1/2-2/6
50783	Th	5:15 pm-6:15 pm	2/20-3/27
Kent Memorial Park J. Schneider 6 sess/\$115			

DOGTRICKS

Bring out your dog's natural talents by teaching a variety of tricks, including shake, roll over, crawl, bow, wave, and even moonwalk. Your friends will be impressed when they see your dog fetch his leash, bring toys by name, play the piano, and even jump rope. Prerequisite: Puppy Kindergarten or Basic Manners.

50778	Th	6:30 pm-7:30 pm	1/9-1/30
Kent Memorial Park J. Schneider 4 sess/\$65			

PUPPY NEXT STEP

For graduates of Puppy Kindergarten. Since your puppy is now a little bit older, you can start teaching more mature behaviors, such as sit stay, come to you from a distance, walk at your side, and lie down and relax on a bed or blanket. But, just like Puppy Kindergarten, we include lots of off leash playtime with other puppies and the opportunity to meet and socialize with many new people. And, we can help with those re-emerging puppy problems, like jumping up on people, barking, play biting and excitability. For puppies 4-10 months of age.

50780	M	7:45 pm-8:45 pm	1/6-2/10
50779	Su	1:30 pm-2:30 pm	2/23-3/30
Kent Memorial Park J. Schneider 6 sess/\$95			

JUST FOR FUN AGILITY

Non-competitive introduction to the fun sport of dog agility. Teach your dog to jump over hurdles, rush through tunnels, leap through a tire jump, weave around poles, hop up onto a pause table, zip under a crawl tunnel, and balance on a wobble board. Plus, complete a full course during the last week of class.

50771	Su	1:30 pm-2:30 pm	1/26-2/16
Kent Memorial Park J. Schneider 4 sess/\$65			

INTERMEDIATE MANNERS

For graduates of Basic Manners. Take your dog's training to the next level. In this class, you will continue to practice and strengthen all the behaviors you taught in Basic Manners, but add a higher level of difficulty, distraction and distance to those behaviors. You will learn how to wean away treats effectively, without losing the behaviors you worked so hard to achieve, as well as how to use life rewards to motivate your dog to have real life manners. During the last week of class, you will have to opportunity to earn your dog's Canine Good Citizen certificate.

50773	M	7:45 pm-8:45 pm	2/24-3/31
Kent Memorial Park J. Schneider 6 sess/\$95			

Martial Arts

BEGINNING AIKIDO

Aikido emphasizes redirecting the opponent's momentum and power to allow sweeps, throws, locks and holds. Aikido allows you to safely subdue your attacker without the use of extreme force.

50785 M 6:15 pm-7:15 pm 1/13-3/31
ACMMA R. Dye 10 sess/\$75
No class 1/20, 2/17

CARDIO-KICKBOXING

Burn fat, relieve stress, tone and strengthen muscles, all while learning basic self-defense techniques. Class involves bag work, wristwraps or bag gloves are strongly recommended.

50786 M,W 6:15 pm-7:15 pm 1/6-1/29
50787 M,W 6:15 pm-7:15 pm 2/3-2/26
50788 M,W 6:15 pm-7:15 pm 3/3-3/26
ACMMA R. Dye 8 sess/\$64

KENDO-JAPANESE SWORDSMANSHIP (15+)

Develop confidence and learn the culture and etiquette of Japan. Focus on basic footwork and Japanese Samurai swordsmanship. Wooden sword is available from instructor for \$25. Class fee does not include additional equipment costs for continuing and advanced students. Youth and adult classes are combined.

Beginning

50790 M 7:00 pm-7:50 pm 1/6-3/10
Kent Commons C. Marsten 8 sess/\$50
No class 1/20, 2/17

Continuing

50791 M 8:00 pm-8:50 pm 1/6-3/10
Kent Commons C. Marsten 8 sess/\$50
No class 1/20, 2/17

Advanced

50792 W 7:00 pm-9:00 pm 1/8-3/12
Kent Commons C. Marsten 10 sess/\$63

MARTIAL ARTS OVER 40

Improve balance, coordination, stamina and strength while learning practical self-defense moves. This is a great alternative workout to the typical gym routine.

50793 Tu 7:15 pm-8:15 pm 1/7-1/28
50794 Tu 7:15 pm-8:15 pm 2/4-2/25
50795 Tu 7:15 pm-8:15 pm 3/4-3/25
ACMMA R. Dye 4 sess/\$32

PILATES

Improve flexibility, core strength, and balance. Suitable for all ages and abilities. Classes held at American Colleges of Mixed Martial Arts.

50800 Sa 10:15 am-11:00 am 1/4-1/25
50797 M 5:30 pm-6:15 pm 1/6-1/27
50801 Sa 10:15 am-11:00 am 2/1-2/22
50798 M 5:30 pm-6:15 pm 2/3-2/24
50802 Sa 10:15 am-11:00 am 3/1-3/22
50799 M 5:30 pm-6:15 pm 3/3-3/24
ACMMA R. Dye 4 sess/\$32

Fitness Classes

Jazzercise, Zumba, Rhythmic Yoga, Step and Lunch Time classes all held at the Kent Commons. Drop-in for \$5 or pre-register for the entire session. Classes are designed for ages 14 and older.

Please see page 26 for a full listing of classes.



Piano and Guitar Lessons

Lessons are being offered for children and adults. Please see page 10 & 11 for more information.



Save the Date

Spring Recycling Event March 15, 2014

9 am - 3 pm at Russell Road Park

Rainbarrel & Composter Sale March 22, 2014

9 am sharp; these items are very popular and sell quickly, so don't be late.



ShoWalk

FREE Indoor Walking

(Sponsored by Veolia Transportation)

December 2, 2013 - May 28, 2014
Monday and Wednesday
9-11 a.m.

ShoWare Center
625 West James Street Kent

Register at Kent4health.com
or call 253-856-4968



ADULT PROGRAMS/SPORTS

Outdoor Sports

BALD EAGLE RIVER RUN BY RAFT

Over 300 bald eagles migrate from the wilds of Canada and Alaska to the shore of the Skagit River, where they feast on spawning salmon and enjoy the mild climate. Your guide does all the rowing while you sit back, relax and enjoy the beauty of these birds. Bring a camera for a fulfilling trip. Lunch included in the price. Must provide own transportation to the Skagit Valley. Directions sent upon registration.

50877 Sa 10:30 am-4:00 pm 1/11
Staff 1 sess/\$85

SOOS CREEK PARK INTERPRETIVE WALKS

Soos Creek Park is one of south King County's prized wetland habitats. Take one of the interpretive walks to learn more about this fascinating area. Visit www.friendsofsooscreekpark.wetpaint.com.

Owl Prowl

We'll start indoors for the first hour learning about our local owls, then venture outdoors to prowling for owls. Best for those 8 years and over. Meet at Soos Creek Park/Trail 24810 148th Avenue SE, Kent.

50805 Sa 10:00 pm-1:30 am 2/15
50806 Sa 10:30 pm-1:30 am 3/15
Soos Creek Park J. Miles 1 sess/FREE

STEVENS PASS AND LEAVENWORTH X-C SKI/ SNOWSHOE GETAWAY

Join us for a weekend of playing on the snow! On Day One we'll head out early for the Stevens Pass Nordic Center and spend the day enjoying the 25K of groomed ski trails or 12K of designated snowshoe routes. Rentals, lessons, and guiding are all available at this full service Nordic Center. Spend the night in beautiful Leavenworth at the Icicle Inn and enjoy dining out at one of the many options in town. Sunday we'll explore the Leavenworth ski and snowshoe trails, or you could choose to spend the day in town shopping. Trip package includes: roundtrip transportation, one night lodging, breakfast, two days cross-country ski or snowshoe trail passes, and a trip escort/guide. For a detailed flyer and information sheet contact John Fiskum at (253) 856-5163 or jfiskum@kentwa.gov.

50878 Sa-Su 1/25-1/26
2 sess
\$269 per person Double Occ
\$319 Single Occ



Sports

Individuals wishing to participate in an adult league must be 18 years of age. Registration is taken by teams only. Individuals wishing to participate can call the Kent Commons office to submit their name, sport and level of play for the individual player list. To check on registration information, league standings and league schedules, please visit KentWA.gov or call (253) 856-5000. Adult Sports Leagues are run with an emphasis on good sportsmanship, having fun and encouraging team conduct that takes a positive approach toward competition.

Athletic Facility Advertising Program

Reach out to thousands of sports enthusiasts by having your business name displayed at a City of Kent premier athletic facility.

Call 253-856-5000 for more information

ADULT RACQUETBALL CLUB

A great way to build your skill level and stay in shape with both recreational and competitive levels of play.

WINTER LEAGUE

49791 **A Division**
49792 **B Division**
49793 **C Division**
49794 **D Division**
Kent Commons

(Jan-Mar)
10 sess/\$30

SPRING LEAGUE

50139 **A Division**
50140 **B Division**
50141 **C Division**
50142 **D Division**
Kent Commons

(May-July)
10 sess/\$30

ADULT SOFTBALL

Adult Softball Leagues are offered throughout the year. Levels of play offered: Recreation and Competitive for Men and Women, Coed and Church Divisions. Games are played at Russell Road Sports Complex, Kent Memorial Park, Wilson Playfields and Service Club Ballfields.

Spring/Summer Season (April-July)

Second Season (August-September)

Winter Season (January-March)

ADULT BASKETBALL

Adult basketball leagues are offered three times throughout the year. Levels of play offered from recreation to very competitive. All games are played at the Kent Commons.

Fall Season (September-November)

Winter Season (December-February)

Summer Season (June-August)

ADULT KICKBALL LEAGUE

Adult Kickball Leagues are offered during July/August/September. Levels of play offered: Recreation and Competitive for Coed Divisions. Games are played at Service Club Ballfields.

ADULT VOLLEYBALL

Adult volleyball is offered three (3) times throughout the year. Various levels of play offered from Tuesday Night "Open" and Wednesday Night Women's Divisions. All matches are played at the Kent Commons.

Fall Season (September-December)

Winter Season (January-March)

Spring Season (April and May)

BODY CONDITIONING/ WEIGHT TRAINING

Individual instruction on the proper use of fixed weight equipment (Nautilus), a variety of exercises for each weight station, and how to develop a personal training program. A complimentary one-month pass to the weight room (\$12.50 value) included in \$35 class fee. One hour session by appointment only, call (253) 856-5000.

Kent Commons C. Doherty 1 sess/\$35

ADULT FLAG FOOTBALL

Adult flag football is a no contact, pass only league. Teams consist of six (6) players per side on a modified field, thirty (30) by seventy (70) yards. We offer three levels of play: American (Top League), National (Middle League) and Continental (Lower League). Games are played on Sundays and Wednesdays at Wilson Playfields. Program runs September through mid-November.



What Neighborhood District do you live or do business in?

Improving Kent's quality of life is really the only "agenda" of the Neighborhood Program. By working together as a larger group, Neighborhood Districts add strength and credibility to these efforts.

For more information visit:

KentNeighborhoodProgram.com

FITNESS

Join us for a complete body workout to terrific music in any of the following classes. Your choice will help you burn fat, have fun and build endurance while exercising. We recommend you visit your doctor before participating in aerobic activities. Wear comfortable clothing and aerobic shoes—no black soles. Bring an exercise mat or towel. Instructors trained in First Aid, CPR and aerobic certified. **Drop-ins welcome—\$5 per class.**
Register for any adult fitness class on this page and you can add a Kent Commons one-month Weight Room pass for \$6.25

AM JAZZ/FITNESS Aerobic dance routines, muscle toning and stretching exercises. All levels welcome.	50815	Tu, Th	9:15 am-10:15 am	Kent Commons	Crouse	1/2-1/30	\$36
	50816	Tu, Th	9:15 am-10:15 am	Kent Commons	Crouse	2/4-2/27	\$32
	50817	Tu, Th	9:15 am-10:15 am	Kent Commons	Crouse	3/4-3/27	\$24
Crunch at Lunch Focusing on the core, back, abs and balance exercises performed using balance balls and weights	50818	W	12:05 pm-12:55 pm	Kent Commons	Mounds	1/8-1/29	\$16
	50819	W	12:05 pm-12:55 pm	Kent Commons	Mounds	2/5-2/26	\$16
	50820	W	12:05 pm-12:55 pm	Kent Commons	Mounds	3/5-3/26	\$16
JAZZ/FITNESS Aerobic dance routines, muscle toning and stretching exercises. All levels welcome.	50821	Tu, Th	6:45 pm-7:45 pm	Kent Commons	Crouse	1/2-1/30	\$36
	50822	Tu, Th	6:45 pm-7:45 pm	Kent Commons	Crouse	2/4-2/27	\$32
	50823	Tu, Th	6:45 pm-7:45 pm	Kent Commons	Crouse	3/4-3/27	\$24
CIRCUIT • JAZZ/FITNESS • TRAINING Aerobic routines intermingled with strength training.	50825	Sa	9:00 am-10:00 am	Kent Commons	Crouse	1/4-1/25	\$16
	50826	Sa	9:00 am-10:00 am	Kent Commons	Crouse	2/4-2/22	\$16
	50827	Sa	9:00 am-10:00 am	Kent Commons	Crouse	3/1-3/29	\$20
Lunch Blast Body Sculpting A great lunch time workout class which incorporates step, hand weights, and bands for a total body workout. Build strength and endurance.	50829	F	12:05 pm-12:55 pm	Kent Commons	Barick	1/3-1/31	\$20
	50830	F	12:05 pm-12:55 pm	Kent Commons	Barick	2/7-2/28	\$16
	50831	F	12:05 pm-12:55 pm	Kent Commons	Barick	3/7-3/28	\$12
Lunchtime Bootcamp Boot camp style drills and cardio that will challenge your body and improve your performance.	50832	Tu	12:05 pm-12:55 pm	Kent Commons	Mounds	1/7-1/28	\$16
	50833	Tu	12:05 pm-12:55 pm	Kent Commons	Mounds	2/4-2/25	\$16
	50834	Tu	12:05 pm-12:55 pm	Kent Commons	Mounds	3/4-3/25	\$16
Lunch Time Toning 50 minute class utilizing an exercise fitness ball to tone legs, abs, back and upper body.	50835	M	12:05 pm-12:55 pm	Kent Commons	Mounds	1/6-1/27	\$12
	50836	M	12:05 pm-12:55 pm	Kent Commons	Mounds	2/3-2/24	\$12
	50837	M	12:05 pm-12:55 pm	Kent Commons	Mounds	3/3-3/31	\$20
Step & Core Great overall workout in this combination step, cardio and strength training.	50838	Th	5:20 pm-6:20 pm	Kent Commons	Kebba	1/2-1/30	\$20
	50839	Th	5:20 pm-6:20 pm	Kent Commons	Kebba	2/6-2/27	\$16
	50840	Th	5:20 pm-6:20 pm	Kent Commons	Kebba	3/6-3/27	\$12
Yoga Break Basic yoga poses that will strengthen, lengthen and relax your body. Bring a yoga mat.	50844	Tu	1:05 pm-1:55 pm	Kent Commons	Mounds	1/7-1/28	\$16
	50845	Tu	1:05 pm-1:55 pm	Kent Commons	Mounds	2/4-2/25	\$16
	50846	Tu	1:05 pm-1:55 pm	Kent Commons	Mounds	3/4-3/25	\$16
	50841	Tu	12:05 pm-12:55 pm	Kent Commons	Mounds	1/2-1/30	\$20
	50842	Th	12:05 pm-12:55 pm	Kent Commons	Mounds	2/6-2/27	\$16
	50843	Th	12:05 pm-12:55 pm	Kent Commons	Mounds	3/6-3/27	\$16
	50847	M	5:30 pm-6:30 pm	Kent Commons	Oppliger	1/6-1/27	\$12
Zumba (Ages 14+) Fun, upbeat, energetic workout done to high energy Latin music. Try it once and you'll be hooked, there's no other fitness class like a Zumba Fitness Party!	50848	M	5:30 pm-6:30 pm	Kent Commons	Oppliger	2/3-2/24	\$12
	50849	M	5:30 pm-6:30 pm	Kent Commons	Oppliger	3/3-3/31	\$16
	50853	Tu	11:00 am-12:00 pm	Kent Commons	Caplan	1/7-1/28	\$16
	50854	Tu	11:00 am-12:00 pm	Kent Commons	Caplan	2/4-2/25	\$16
	50855	Tu	11:00 am-12:00 pm	Kent Commons	Caplan	3/4-3/25	\$12
	50850	W	5:30 pm-6:30 pm	Kent Commons	Oppliger	1/8-1/29	\$16
	50851	W	5:30 pm-6:30 pm	Kent Commons	Oppliger	2/5-2/26	\$16
	50852	W	5:30 pm-6:30 pm	Kent Commons	Oppliger	3/5-3/26	\$12
	50856	Sa	10:15 am-11:15 am	Kent Commons	Caplan	1/4-1/25	\$16
	50857	Sa	10:15 am-11:15 am	Kent Commons	Caplan	2/1-2/22	\$16
Zumba Gold A lower impact and slower paced Zumba makes this class perfect for beginners.	50858	Sa	10:15 am-11:15 am	Kent Commons	Caplan	3/1-3/29	\$20
	50859	Th	12:00 pm-1:00 pm	Kent Commons	Caplan	1/2-1/30	\$20
	50860	Th	12:00 pm-1:00 pm	Kent Commons	Caplan	2/6-2/27	\$12
Rizzmic A trademarked fitness program that pairs familiar American music genres with their authentic dance styles. Hip Hop, Country, Fosse and Disco, all under one name: Rizzmic!	50861	Th	12:00 pm-1:00 pm	Kent Commons	Caplan	3/6-3/27	\$16
	50862	Tu	5:30 pm-6:30 pm	Kent Commons	Malroy	1/7-1/28	\$16
	50863	Tu	5:30 pm-6:30 pm	Kent Commons	Malroy	2/4-2/25	\$16
	50864	Tu	5:30 pm-6:30 pm	Kent Commons	Malroy	3/4-3/25	\$12

No Class 1/20, 2/17, 3/17-3/21

CHRISTMAS RUSH

Saturday, December 7

Day of race registration @ 8 am - 10K @ 9:50 am - 5K @ 10 am

Pre-registration deadline: **November 29, 2013**

Race deadline: **December 5, 2013**

Race info: (253) 856-5050 Register online at Active.com
mhendrickson@KentWA.gov

FEATURING: Chip Timing • Technical T-Shirts • Prizes • Awards

Participants 13 and under run for just \$5
(add \$20 for a shirt). Every participant 13 & under will
receive a finishers medal. *Courtesy of Tab Wizard.*

Today's Date: _____

Name: _____ E-mail: _____

Address: _____ City/State: _____ Zip: _____

Home Phone: _____ Work Phone: _____

Birth Date: _____ Age: _____ Grade: _____ School: _____

Sex: Male _____ Female _____

- ☐ 13 & under ☐ 14-18 ☐ 19-24 ☐ 25-29 ☐ 30-34
☐ 35-39 ☐ 40-44 ☐ 45-49 ☐ 50-54 ☐ 55-59
☐ 60-64 ☐ 65-69 ☐ 70-74 ☐ 75-79 ☐ 80+ ☐ Wheelchair

RUN/WALK CHOICE

- 50005 ☐ 5K Men's Run 50007 ☐ 5K Women's Run
 50006 ☐ 10K Men's Run 50008 ☐ 10K Women's Run
 50009 ☐ 5K Recreational Walk (non-competitive)

Scholarship opportunities available through Access to Recreation Initiative. Contact Kent Parks Foundation to learn more.
KentParksFoundation.org, 253.856.5110

I assume all risks and hazards of the conduct of the program and release from responsibility any person providing transportation to and from activities. In case of injury or damages, I do hereby release and hold harmless the City of Kent, its elected and appointed officials and employees, the organizers, sponsor, supervisor or any volunteer connected with the program from any and all claims, injuries, damages, losses or suits, including attorney fees, arising out of or in connection with the program. In the absence of signature, payment of fees and participation in the program shall constitute acceptance of the conditions set forth in the release.

I grant full permission to use any photographs, videotapes, motion pictures, recordings or any other record of this program for any City of Kent informational or promotional use.

Signature of Participant (Parent/Guardian, if minor) _____ Date _____

REGISTRATION BEFORE NOV. 29

Run/Walk Only (\$10) _____
 Run/Walk w/Shirt (\$25) _____
 13 & Under \$5 (ADD \$20 for shirt) _____
 Tech fee (\$1)** _____

REGISTRATION AFTER NOV. 29

Run/Walk Only (\$20) _____
 Run/Walk w/Shirt* (\$35) _____
 13 & Under \$5 (ADD \$30 for shirt) _____
 Tech fee (\$1)** _____

*If Available

Long-Sleeved Technical T-Shirt

Adult Sizes ☐ X Sm ☐ Sm ☐ Med
☐ Lg ☐ X-Lg ☐ XXL

GRAND TOTAL

CREDIT CARD # _____

Visa or Mastercard
 _____ #Exp.. Date _____

Please print name of cardholder _____

** \$1 technology fee per transaction is being applied to support systems that provide convenience and efficient service delivery.

Return registration form and fee to: Kent Parks, Registration, 525 4th Avenue North, Kent, WA 98032-4497

Spotlight 2013 • 2014 SERIES

Welcome to the Kent Arts Commission's 2013-2014 Spotlight Series. This season marks the 16th year that Spotlight Series has been bringing great family entertainment and a wide variety of performing arts to Kent stages. The Kent Arts Commission is proud to present these performances in venues that are close to home and easily accessible to Kent residents. See you at the shows!



Magical Strings • *Spotlight for Families*

27th Annual Celtic Yuletide Concert

SUNDAY, DECEMBER 8

3:00 p.m.

Kent-Meridian Performing Arts Center

\$22 general, \$20 senior, \$15 youth

The Boulding Family's musical celebration of the holiday season is a treasured tradition in Kent. Once again, Pam and Philip Boulding are joined by their children, grandchildren and guests for an afternoon of enchanting Yuletide music. The Bouldings perform on Celtic harps, hammered dulcimers, whistles, strings, percussion and harp-like instruments from around the world. Guests add Irish step dancing, drumming and storytelling for a festive and memorable performance.

Spotlight for Families: All Ages

California Guitar Trio + Montreal Guitar Trio

FRIDAY, JANUARY 24

7:30 p.m.

Kent-Meridian Performing Arts Center

\$25 general, \$22 senior, \$15 youth

Featuring six virtuoso guitarists from four countries (Japan, Canada, Belgium, and US), California Guitar Trio and Montreal Guitar Trio bring together more than 40 years of combined performing experience into one unique six-by-6-string ensemble. CGT's steel stringed-guitars

blend naturally with MG3's nylon-stringed guitars on original compositions and new arrangements of progressive rock, world, jazz, and classical music. Partial funding from WESTAF, National Endowment for the Arts and Washington State Arts Commission.



Churchill starring Edmund Shaff



FRIDAY, FEBRUARY 21

7:00 p.m.

Kent Senior Activity Center
\$10 general, \$10 senior, \$10 youth
Sponsored by Bob Lynch,
Dianne Brace and Judy Woods

This powerful one-man play paints a fascinating portrait of one of history's most powerful men. It is April of 1955 and Sir Winston Churchill agonizes in his wartime bunker below London whether to resign as Prime Minister. As he tries to decide, he reviews his uniquely eventful career, filled with history-changing events and people, glorious speeches, pithy comments, funny stories, and all the wit and wisdom that has made Churchill beyond greatness into an imperishable legend.

"Stuart Little" • *Spotlight for Families* performed by Dallas Children's Theater



SATURDAY, MARCH 8

11:00 a.m.

Kent-Meridian Performing Arts Center
\$10 general, \$10 senior and \$10 youth
Sponsored by Pete and Pat Curran
through Kent Parks Foundation

Based on the Award Winning Book by E.B. White, Stuart Little tells the story of a most unusual mouse and his ordinary New York family. Stuart's life is a series of adventures and misadventures with a variety of colorful characters, including his best friend Margalo the bird and the not-so-friendly Snowbell the malevolent family cat. All the charm, wisdom, and joy of E. B. White's classic novel are brought to life as the mild-mannered Stuart learns to survive in his super-sized world of humans and discovers the true meaning of family, loyalty, and friendship. *Spotlight for Families: Ages 5+*

Alpin Hong



FRIDAY, MARCH 21

7:30 p.m.

Kent-Meridian Performing Arts Center
\$25 general, \$25 senior, \$15 youth
Sponsored by the Kent Parks
Foundation
and Pete and Pat Curran

Back by popular demand, Alpin Hong returns to Kent after an overwhelmingly successful 2013 residency and concert. Alpin's combination of humor, emotion and dazzling technique brings audiences of all ages to their feet. This is classical for the iPod Generation. The New York Times called him a "planistic firebrand." This year Alpin will build on his relationship with Kent School District students and incorporate them into his final performance.

Harlem Gospel Choir



SATURDAY, APRIL 5

7:30 p.m.

Kentwood Performing Arts Center
\$28 general, \$25 senior, \$15 youth
Sponsored by Pete and Pat Curran
through Kent Parks Foundation

From the heart of Harlem in New York City, the Harlem Gospel Choir travels the world and is loved for its joyous, foot-stomping, hand-clapping blues, jazz, and gospel spirituals. They have performed for Nelson Mandela and Pope John Paul II, and have shared the stage with such legendary artists as Bono, Sinéad O'Connor, Lyle Lovett, Diana Ross and many others.

SPONSORS

Spotlight Series is presented by the Kent Arts Commission and City of Kent Parks, Recreation and Community Services Department with the support of the following sponsors.



Pete & Pat Curran Family • Judy Woods



CULTURAL ARTS SPOTLIGHT SERIES

PERFORMANCE LOCATIONS:

- Kent-Meridian High School, Performing Arts Center
10020 SE 256th Street, Kent
- Kentwood High School Performing Arts Center
25800 164th Avenue SE, Covington
- Kent Senior Activity Center
600 E. Smith St, Kent

DIRECTIONS AND PARKING:

Locations are in downtown Kent and on Kent's East Hill, a short drive (approximately 30–40 min) from Seattle and Tacoma. For directions see www.kentarts.com or call (253) 856-5051. Free parking is available.

POLICIES AND INFORMATION:

Senior and youth tickets

- Age 55 and older qualifies for senior ticket rates.
- Age 25 and younger qualifies for youth ticket rates.

Refunds/exchanges

- No refunds or exchanges—ticket purchases are final.

Seating

- All seating for Spotlight Series events is assigned/reserved except for "Churchill" which is general admission.
- Seating will begin 30 minutes prior to performance time.
- Late seating is not guaranteed and is at the discretion of the performers and House Manager.

Special Needs

Please let us know in advance how we might be able to help and we will provide reasonable accommodations to those needing special assistance. For wheelchair seating, please advise when purchasing tickets.

Children

- Spotlight Series is family friendly and offers some performances that are especially well-suited for kids and families. Those performances are designated as "Spotlight for Families" shows. Other performances may not be appropriate for young children—please use discretion when choosing performances for young patrons.
- Spotlight Series does not allow "Babes in Arms," with the exception of Spotlight for Families performances: Children over 12 months must have a ticket for these shows.

TICKET INFORMATION:

Subscriptions

- Create your own subscription series—Purchase tickets to any four or more separate performances and receive 10% off on each ticket price.

All tickets must be purchased in the same transaction.

Group Rates

- Buy 10 or more tickets to any one performance and receive 10% off.
- Buy 20 or more tickets to any one performance and receive 20% off.

All group tickets must be purchased in the same transaction to receive the discount and must be purchased by calling or visiting the box office (no group discounts on-line).

FORTICKETS...

- Purchase on-line: KentArts.com
Look for the "purchase tickets" link.
- Call (253) 856-5051, Monday–Saturday. A Visa or Mastercard is required for phone orders.
- Walk into the Kent Commons, 525 4th Avenue North, Kent, Monday–Saturday. Phone and walk-in hours are: Mon.–Thurs. 6 a.m. to 10 p.m., Fri. 6 a.m. to 9 p.m. and Sat. 8 a.m. to 9 p.m.

Spotlight Series is presented by the Kent Arts Commission and City of Kent Parks, Recreation and Community Services Department.



Saturday, March 1, 2014

10am–4pm

Kent Commons, 525 4th Ave. N.

**Stage Entertainment • Food
Hands-on art projects • Workshops
and More!**

253-856-5050 • KentArts.com/youth

 national youth art month
**Spring into
Art**
 kent student
art walk

Reception: March 14, 2014 • 5-7pm

Self guided tour: March 10-21

At schools and businesses in downtown Kent

253-856-5050 • KentArts.com/youth

ADULT 50+ PROGRAMS

OPERATING HOURS

M-F: 8:30 am-4:30 pm*

*Extended hours: Tuesday to 9:45 pm
Wednesday to 9:00 pm

Kent Senior Activity Center

600 East Smith Street, Kent, WA 98030
(253) 856-5150

The Kent Senior Activity Center features daily recreation activities, including lunch, classes, workshops, trips, special events, health services, outdoor recreation and Fitness Center.

Classes & Workshops

The Center offers a wide variety of educational opportunities including a comprehensive selection of computer classes. For the creative or the creative wannabes we offer mixed media, watercolor and acrylics and creative writing. Dust off your driving skills and save on car insurance by taking an AARP defensive driving class.

Health & Fitness

The Center offers a fitness center as well as ample opportunities to better your health from exercise classes to blood pressure checks, massage, reflexology, acupuncture and foot care

Special Interests

Fishing Fly Tying – Tues, 9:30 a.m.
Stamp Collecting – Tues, 2:00 p.m.
Bring Your Own Crafts – Wed, 9:00 a.m.
Woodcarving – Wed, 9:30 a.m.
Hooks 'n Needles – Thurs, 1:00 p.m.

Day Trips

The Center offers exciting day trips around the area. Go someplace new or visit an old favorite.
More information about all programs can be found in the Center bulletin available at the Kent Senior Activity Center or online at Kent50Plus.com.

Co-ed Softball

Coming March 2014

For info contact John at
253-856-5163 or
jfiskum@KentWA.gov

SINGING, DANCING, DRAMA

Readers Theater	Performing dramas of yesteryear. Co-sponsored by Chateau @ Valley Center	Seasonal - M 10-11 a.m.
Tuesday Dances	Daytime Free/ Evening \$4	Tu 1:15 p.m. & 7:30 p.m. W: 2 p.m.
Line Dancing	Group Led	1st and 3rd Th: 1 p.m.
Ukulele Lessons	Informal instruction (Seasonal)	1st and 3rd Th: 1:30 p.m.
Pineapple Express Jam	Singing and Playing Ukulele	2nd Fri: 10 a.m. - 1:30 p.m.
Karaoke	Sing or listen	4th Tu: 9 - 11:45 a.m.
Hula	Dancing	2nd & 4th Thurs. 1-3 p.m.

BOOKS & POETRY

Poetry Club	Writing & reading poetry	1st & 3rd F 10:45-11:45 a.m.
"Tattered Pages" Book Club	Refreshments & events Co-sponsored by Auburn Meadows	1 st W 1-2:30 p.m.

FITNESS CLASSES

Aerobics	Course Fee/Pre-registration	M & W 10 a.m.-11 a.m. Th 9:30 a.m.
Chi Gong	Free	Tu & Th 9-10 a.m. or 10:15-11:15 a.m.
Stretch 'N Strength	Course Fee/Pre-registration	F 9-9:30 a.m.
DVD Aerobic Walking	Free	F 9:45-10:45 a.m.
Yoga	Course Fee/Pre-registration	

OUTDOOR ADVENTURE

Monthly Trip	Join us for Hiking, Fishing, Snowshoeing and Skiing throughout the winter season	Fee is location dependent
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WEEKLY ACTIVITIES

Wii	Free bowling, golf, tennis & more	M & F 1-3 p.m.
Koffee Klatch by Stafford Suites	Free coffee and music, door prizes	M 11:00 - Noon
Juice 'n Jazz by Stafford Suites Active Life Club	Free Juice samples, live jazz and door prizes	1 st Tu 12:30-1:15 p.m.
Games	Pinocle, bridge, chess, cribbage, hand & foot, sheepshead, stamp collecting, whist, dominoes, mah jong, ping pong, canasta	Details: kent50plus.com

■ ADULT 50+ PROGRAMS

Day Trip Opportunities

Kent Senior Activity Center offers a variety of day trips every week.

Be sure to check out what is coming up at **253-856-5150** or **Kent50Plus.com**



2014 Leisure Travel

For more information contact Cindy at **253-856-5162** or email at **crobinson@KentWA.gov**



Fishing Program - Sneak Peek meeting

Thursday Dec. 5th at 9:45 a.m.

Learn about our upcoming day trips, overnights and Extended Travel Adventures for 2014. Enjoy coffee, pastries, prizes and meet new angling friends.

For more information call John at **253-856-5163** or **jfiskum@KentWA.gov**

"North of Fifty" Snow Sports Program

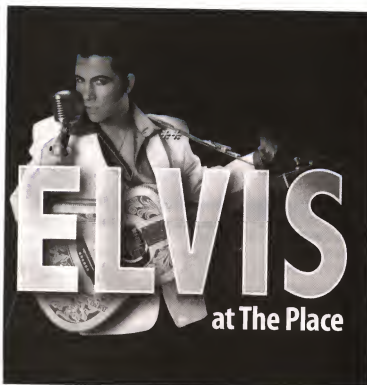
Join us this winter for Downhill Ski, Cross Country Ski and Snowshoe Adventures. Both day trips and overnight tours will be offered.

Trips include transportation and guiding.

For more information on our Snow Sports Program, contact John at **253-856-5163** or email **jfiskum@KentWA.gov**

- **Methow Valley**
Winthrop, WA
Cross Country & Snow Shoe
January 14-17, 2014
- **Stevens Pass & Mission Ridge**
Alpin & Snowshoe
February 6-7, 2014
- **Sun Peak Resort**
British Columbia, B.C.
Alpine, Nordic & Snowshoe
February 16-21, 2014
- **Mt. Bachelor**
Bend, OR
Alpine, Nordic & Snowshoe
March 10-14, 2014

ADULT 50+ PROGRAMS



Dinner & Music at Kent Place

FEATURING

DANNY VERNON

One of the world's top
Elvis Illusionists

Thurs. March 6, 2014

5 - 8 PM

5 PM

Appetizers

5:15 - 6 PM

Social Security 101

Featuring Kirk Larson, SSA

6 - 6:45 PM

Medicare Update

Featuring Liz Mercer, SHIBA

6:45 PM

Burgers & Chips

7 PM - 8 PM

Danny Vernon Dinner Concert

\$8 includes workshops, dinner & concert

Tickets available Jan. 2-Feb. 22, after as space allows



KENT FIREFIGHTERS FOUNDATION CHRISTMAS LUNCHEON

honoring Volunteers

Friday, Dec. 6, 2013 Noon

\$2 while limited tickets last

Music by Martin Sortun Elementary
Mountaineer Singers

KENT FIREFIGHTERS FOUNDATION LUNCHEON

Friday, Jan. 31, 2014 Noon

\$2 limited tickets starting Jan. 2

KENT ARTS COMMISSION SPOTLIGHT SERIES CULTURAL EVENT

Churchill

Featuring

Edmund Shaff

February 21, 2014 7 PM

Tickets: \$10 253-856-5051

Details page: 29



M, Tu, Th, F - \$6 all ages

Wed. Deli only \$5

11:45 a.m. to 1:00 p.m.

Deli Bingo every 2nd Thurs.*

Noon - 12:45 pm

**Prizes compliments of Talbot Center for
Healthcare and Rehabilitation**

Special thanks to:

Talbot Healthcare, Stafford Suites,
Diana's Home & Visiting Angels

TUESDAY BALLROOM DANCES

DATE

Dec. 3, 2013

Dec. 10, 2013

Dec. 17, 2013

Dec. 24 and Dec. 31, 2013 - NO DANCES due to Holidays

Jan. 7, 2014

Jan. 14, 2014

Jan. 21, 2014

Jan. 28, 2014

Feb. 4, 2014

Feb. 11, 2014

Feb. 18, 2014

Feb. 25, 2014

March 4, 2014

March 11, 2014

March 18, 2014

March 25, 2014

1:15 PM FREE

Andy Burnett

Randy Litch

Mark Stern

Richard Dean

Randy Litch

Mark Stern

Randy Litch

Richard Dean

Randy Litch

Andy Burnett

NO DANCES due to Floor Refinishing

7:30 PM

7:30 PM

7:30 PM

7:30 PM

7:30 PM

EVENING

7:45 PM

7:30 PM

7:30 PM

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7:30 PM

BAND \$4

Kings of Swing

Randy Litch

Randy Litch

Kings of Swing

Randy Litch

Mystery Musician

Randy Litch

Kings of Swing

Randy Litch

Kings of Swing

Randy Litch

Kings of Swing

Randy Litch

Mystery Musician

Randy Litch

KENT COMMONS



Please contact the Facility Scheduling Office at: 253.856.5000 • KentWA.gov/KentCommons

Kent Commons

The Kent Commons is a public recreational facility that is home to a wide variety of physical and cultural activities.

Phone: (253) 856-5000

Fax: (253) 856-6000

Direction Line: (253) 856-5025

Website: KentWA.gov/kentcommons

OPERATING HOURS

M-Th: 6:00 am–10:00 pm
F: 6:00 am–9:00 pm
Sa: 8:00 am–9:00 pm

**Call (253) 856-5000
 for more information**

Reception Halls, Meeting Rooms, Auditoriums

The Kent Commons offers six meeting rooms and two reception halls/auditoriums varying in size and able to accommodate groups up to 300. The double gymnasium is also available to rent for larger events. Call (253) 856-5000 for availability and rental rates.

OPEN PARTICIPATION PROGRAMS

Day	Time*	Fee
Basketball		
Tu–Th	11:30 am–1:30 pm	Free

The gymnasiums are also available for team rentals.

Racquetball (253) 856-5010

M–Th	6:00 am–10:00 pm	\$7/hr
F	6:00 am–9:00 pm	\$7/hr.
Sa	8:00 am–9:00 pm	\$7/hr.

Senior citizen rate is \$3.50 per hour for selected times only.

Conditioning Room

M–Th	6:00 am–10:00 pm	\$2
F	6:00 am–9:00 pm	\$2
Sa	8:00 am–9:00 pm	\$2

Conditioning room pass (unlimited use) \$12.50 per month or \$37.50 per quarter.
 50% off for adults 55+. *All hours are subject to occasional schedule changes.

SPORTS & FITNESS

Facilities available for community use within the Kent Commons Community Center include:
 Double gymnasium equipped for volleyball, basketball, badminton, etc.

- Fully-equipped conditioning room/Nautilus weight machines, treadmills, stair climbers and exercise bikes
- Handball/racquetball courts
- Mini-gym for exercise and dance classes
- Music room: hourly rate for piano practice
- Showers and coin-operated lockers
- Vending area with snacks and beverages
- Walleyball



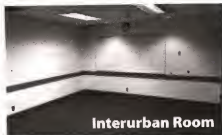
Green River Room



Crystal Mountain Room



Mill Creek Room



Interurban Room

HOUSING & HUMAN SERVICES

What Should I Do To Get My Home Ready For Winter?



With winter just around the corner it is a great time to get your furnace cleaned. Over time and with continued use furnaces get gunked up with dust, dirt and hair making them less efficient. Clean furnaces are safer and more efficient. Has your

furnace been serviced in the past two years? If not, consider Kent Home Repair.

Kent Home Repair has been helping City of Kent residents stay safe and on top of health and safety repairs for over 35 years now. If you qualify you could be eligible to receive minor health and safety home repairs including furnace cleanings and servicing, roof repair, hot water tank replacement, electrical, plumbing repairs and more.

To qualify for the Kent Home Repair Program you must live within the City limits and have owned your home for a minimum of one year and meet income restrictions based on the number of residents in your home. Mobile homes must be 1976 or newer and the owner must be senior and/or disabled. To see if you can qualify or to apply, call 253-856-5065 or go online at KentWA.gov/humanservices to download an application.

Here are some do-it-yourself weatherization tips that could help you save energy and money during the cooler winter months:

- Caulk and weatherstrip doors and windows that leak air.
- Caulk and seal air leaks where plumbing, ducting, or electrical wiring penetrates through exterior walls, floors, ceilings, and soffits over cabinets.
- Install rubber gaskets behind outlet and switch plates on exterior walls.
- Look for dirty spots in your insulation, which often indicate holes where air leaks into and out of your house. You can seal the holes by stapling sheets of plastic over the holes and caulking the edges of the plastic.
- Install storm windows over single-pane windows or replace them with double-pane windows. Storm windows as much as double the efficiency of single-pane windows and they can help reduce drafts, water condensation, and frost formation. As a less costly and less permanent alternative, you can use a heavy-duty, clear plastic sheet on a frame or tape clear plastic film to the inside of your window frames during the cold winter months. Remember, the plastic must be sealed tightly to the frame to help reduce infiltration.
- When the fireplace is not in use, keep the flue damper tightly closed. A chimney is designed specifically for smoke to escape, so until you close it, warm air escapes-24 hours a day!

Do you have a question for us? Email your home repair questions to humanservices@kentwa.gov and our professional staff will get back to you with a solution.

Kent Severe Weather Shelter

The City of Kent, in partnership with Kent Lutheran Church and Catholic Community Services, operates a Severe Weather Shelter (SWS) during the winter months (November through March). This shelter is located at:

Kent Lutheran Church
336 2nd Ave South
Kent, WA 98032

The SWS is activated by the City of Kent Housing and Human Services Division anytime temperatures fall below 32 degrees for 24 or more consecutive hours AND/OR snow accumulation exceeding 3 inches in depth AND/OR other conditions deemed severe enough to present a substantial threat to life or health of homeless persons.

All are welcome!

Priority is given to homeless families with children who are living on the streets or in vehicles or who are without power at their homes, but the SWS is also available for unaccompanied women and men; separate sleeping space has been prepared for men, women, and for families with children.

The SWS is operated by Catholic Community Services staff and volunteers from Kent Lutheran Church and the greater Kent community. All must register at the door. As with all shelters, rules for the health and safety of clients, staff and the broader community will apply. Donations of toilet paper, hand sanitizer, coffee, powdered coffee creamer and sugar are needed. Donations can be dropped off at Human Services, Kent City Hall on the 3rd floor.

Contact: Housing & Human Services at 253-856-5070 or KentWA.gov/HumanServices

PARKS PLANNING AND OPEN SPACE

2013 GRANTS, DONATIONS AND VOLUNTEERS

Each year, Kent Parks staff apply for competitive grants to help support our capital and volunteer program goals. In 2013, as of press time, we had been awarded grants valued at \$201,139 from these funding sources: King Conservation District, KaBOOM!, Kent Parks Foundation, Weyerhaeuser Giving Fund and Target. Another \$207,104 in grant requests were pending. In addition, donations of cash or in-kind materials totaling over \$31,147 were received from many local businesses and from the Washington State

Department of Natural Resources in support of Adopt-a-Park, Green Kent Partnership, the Kent Valley Loop Trail Master Plan and Eagle Scout programs during the first three quarters. During that same period, 3,279 volunteers gave 8,788 hours of their time to help improve our parks, with a value to the city of \$149,572!

For the full list of donors and volunteers, please visit **KentWAParks.com**. Click on Recognition. Thank you all for your dedication to our parks!

EAGLE SCOUT PROJECTS

Eleven boy scouts completed or were expected to complete Eagle Scout projects for Kent Parks by the end of 2013. Another three scout projects are in progress. At press time, the completed projects involved 325 volunteers and 1,833 hours, with a value to the city of \$31,198. The scouts procured cash and materials to help offset the cost of their projects to the city.

We congratulate these Scouts for their work and the leadership they have demonstrated:

Lee Tillotson, Troop 407, **Taylor Bailey**, Troop 402 and **Isaac St. John**, Troop 237, restored forested areas at Campus Park and replanted with 700 native plants researched for the site

Dominick Travers-Leer, Troop 407, laid out the 44 plots at the downtown community garden P-patch and weeded around the sign



Nathan Bell, Troop 888, **Nathan Bryant**, Troop 449, and **Spencer Stromberg**, Troop 406, reconstructed a total 570' of gravel trail at Old Fishing Hole

Andy Olson, Troop 888, and **Daniel Rosengren**,

Troop 416, restored an area of native trees and shrubs planted by elementary students at Clark Lake Park

Skyler Mortensen, Troop 408, reconstructed 270' of gravel trail at Clark Lake Park

Sean Sturtevant, Troop 407, constructed a four-piece obstacle course in the small/shy dog area at Morrill Meadows Off-leash Dog Park



clubs and individuals who enjoy making a difference in just a few hours, here are some great opportunities:

January 20: Martin Luther King, Jr. Day of Service

April 19: Kent celebrates Earth Day

April 26: Arbor Day

June 7: National Trails Day

Mark your calendars, and register online by noon at least three days before each event: **KentWA.gov/ParkVolunteers** or call 253-856-5113.

SPRING 2014 VOLUNTEER EVENTS

For corporate work groups, students looking for fun ways to gain community service hours, scouts earning badges, faith communities,

ANNUAL CHRISTMAS TREE RECYCLING

On **Saturday, January 4, 2014**, from 9 a.m. to 4 p.m., our local Boy Scout troops will be collecting and recycling Christmas trees in neighborhoods around Kent for a suggested donation of \$5.

Trees should be out on the curb by 8 a.m. Day of drop-off at Service Club Ballfields, 14608 SE 288 St.

For more information, contact the Kent Lions & Foundation at **253-852-5466** or check the city's community calendar at **KentWA.gov**.

The city of Kent also provides free curbside pickup of Christmas trees in January for residential garbage customers within the Kent city limits. Watch for the event flyer in the mail mid-December.

Reservation Policy

- Reservations start February 3, 2014.
- Please call (253) 856-5000 for park rentals.
- Payment is due upon receipt of application.

Park Use Fees

Park use fees are based on the number of people attending the event and for each picnic shelter required for the size of group.

Daytime/Evening Rental (9 am to 2 pm, 3 pm to dusk)	All Day Rental (9 am to dusk)
1 to 60 guests	\$90 \$150
61 to 120 guests	\$150 \$275
121 guests or more**	\$200 \$375

If a group exceeds the capacity limit of requested shelter, group will be required to reserve an additional shelter.

**Groups larger than 120 guests must have prior approval from Parks Rental Coordinator.

Additional fees may be assessed depending on the type of activity/event planned.

Reception Hall Rental Facilities

The following rooms and facilities are a great place for a wedding reception, birthday party, holiday event, or company meeting. For more information, call (253) 856-5000 or the number noted.

Kent Commons

525 Fourth Avenue N. • Call (253) 856-5000.

- Crystal Mountain Hall
- Multi-Purpose Room #1 or #2
- Green River Room

Kent Memorial Park Building

850 N. Central.



Kent Senior Activity Center (above)
600 E. Smith St. • Call (253) 856-5150.

In addition to the many parks that the public can enjoy without charge, City of Kent Parks, Recreation and Community Services has park facilities that can be rented for picnics, meetings, family parties and athletic events. Stop by the Kent Commons building, 525 4th Ave. N., Kent, or call (253) 856-5000 for information.

Park Rental Facilities



Lake Meridian Park

Briscoe Park, S. 190th St.
Large walk-in park located near the Kent/Tukwila border. Features two large shelters, play area and portable toilet.

Kent Memorial Park

850 N. Central Avenue. Located near downtown Kent. Features small picnic shelter, cooking grills, picnic tables, playground, public art and restrooms.

Lake Meridian Park

14800 S.E. 272nd St. Large covered shelter, cooking grills, large playfield, swimming beach, fishing, boat launch, public art, playground and restrooms.

Mill Creek Canyon Earthworks Park

742 E. Titus St.

An internationally recognized landscape designed by Herbert Bayer and the City of Kent's first designated landmark. Features the Earthworks, public art, paved walking trails, amphitheater with row seating and restrooms.



Mill Creek Canyon Earthworks Park

Morrill Meadows

10600 S.E. 248th St.
Located on East Hill of Kent. Features cooking grills, drinking fountain, greenbelt, multi-use playfield, parking, large picnic shelters, playground, public art, restrooms and trails.

Russell Road Shelter

24400 Russell Rd. S.
Features tables, cooking grills, shelter, water, playground, restrooms and horseshoe pits (not available on weekends during tournament play).

Van Doren's Landing Park

21901 Russell Rd.
Features two large picnic shelters, large playfield, restrooms, horseshoe pits, public art, paved walking trail and playground.



Morrill Meadows

PARKS AND PROGRAM SITES

American Colleges of Mixed Martial Arts

(ACMMA)
704 W. Meeker St, Kent
(253) 854-7535

Arbor Heights 360 Skate Park

11525 SE 240 St

Berlet House/Greater Kent Historical Society Museum

855 E Smith St

Boeing Employees Tennis Center

6727 S 199 Pl

Briscoe Park

S 190 St

Burlington Green

W Meeker & Railroad Ave N

Campus Park

Canyon Drive & S 252 St

Canterbury Park

24409 100 Ave SE

Centennial Center

400 W. Gowe St

Chestnut Ridge Park

9901 S 203 St

Clark Lake Park

between SE 240 & SE 248 @ 127 Ave SE

East Hill Park

10920 SE 248

Eastridge Park

143 SE & SE 257

Fairwood Martial Arts

17134 116 Ave SE, Renton
(425) 255-8144

First Ave Plaza

219 1 Ave S

Foster Park

259 & 74 Ave S

Garrison Creek Park

218 St & 98 Ave S

Glenn Nelson Park

Military Rd & S 268

Grandview Off-Leash Dog Park

3600 S 228th St, SeaTac

Green View Park

SE 277 Pl & 120 Pl SE

Hart's Gymnastics Center

26415 79 Ave S, Kent
(253) 520-1973

Kalbarra Park

1 Ave between W Smith & W Meeker St

Kent Bowl

1234 N Central Ave
(253) 852-3550

Kent Centennial Center

400 W Gowe St

Kent Commons

525 4 Ave N

Kent Kherson Poaca Park

2 Ave & W Gowe St

Kent Library

212 N 2 Ave

Kent Lions Skate Park

W Smith & Interurban Trail

Kent Memorial Park Building

850 N Central Ave

Kent-Meridian Performing Arts Center

10020 SE 256 St

Kent Parks Community Center

11000 SE 264 St

Kent Meridian Pool

25316 101 St SE

Kent Rotary Downtown Basketball Court

James St (SE 240)

Kent Senior Activity Center

600 E Smith St

Kent Valley Ice & Events Center

6015 W James St

Kentwood Performing Arts Center

25800 164 Ave SE, Covington

Kiwanis Tot Lot #1

S 1 Ave & W Crow St

Kiwanis Tot Lot #2

N 2 Ave & W Cloudy St

Kiwanis Tot Lot #3

Alexander St between E Chicago & E Seattle St

Kiwanis Tot Lot #4

S 5 Ave & W Crow St

Lake Fenwick Park

25828 Lake Fenwick Road

Lake Meridian Park

14800 SE 272 St

Linda Heights Park

S 248 & 35 Ave S

Meridian Glen Park

137 Ave SE & SE 275 Pl

Mill Creek Canyon Earthworks Park

742 E Titus St

Morrill Meadows Park

10600 SE 248 St

Neely-Soames Historic Home

51237 Pl

Old Fishing Hole

Fragar Rd, S of W Meeker St

Rosedale Park

1 Ave between W Gowe & W Meeker St

Riverbend Golf Complex

2019 W Meeker St

Russell Road Park

24400 Russell Rd

Salt Air Vista Park

24615 26 Pl S

Sakra's Studio

23625 41st Ave

Scenic Hill Park

25826 Woodland Way S

Service Club Ballfields

14402 SE 288 St

Seven Oaks Park

SE 259 St & 118 Pl SE

ShoWare Events Center

625 W. James St

(253) 856-6999

SKIP/Children's Therapy Center (SKIP/CTC)

10811 Kent-Kangley Rd

(253) 854-5660

Soos Creek Maintenance Bldg

24810 148 Ave SE

Soos Creek Park/Gary Grant Park-King Co

SE 208 @ 136 Ave SE

Springwood Park

SE 274 St & 128 Pl SE

Three Friends Fishing Hole

S 196 St & 58 Pl

Titus Railroad Park

1 Ave & Titus St

Town Square Plaza

2 Ave & Harrison St

Turnkey Park

23312 100 Ave SE

Uplands Playfields

836 W Smith St

Van Doren's Landing

21901 Russell Rd

West Fenwick Park

3824 Reith Rd

West Hill Skate Park

42 Ave S & Reith Rd

Willis Street Greenbelt

W Willis between 4 Ave S & 6 Ave S

Wilson Playfields

13028 SE 251 St

Yangzhou Park

Railroad Ave & W Smith St

KENT SCHOOL DISTRICT/ FEDERAL WAY SCHOOLS

Carriage Crest Elementary

18235 140 Ave SE

Daniel Elementary

11310 SE 248 St

East Hill Elementary

9825 S 240 St

Emerald Park Elementary

11800 SE 216 St

Fairwood Elementary

16600 148 Ave SE

Glenridge Elementary

19405 120 Ave SE, Kent

Gross Lake Elementary

28700 191 Pl SE

Horizon Elementary

27641 144 Ave SE

Kent Elementary

24700 64 Ave S

Kentlake High School

21401 SE 300 St

Kent-Meridian High School

10020 SE 256 St

Kent Mountain View Academy

22420 Military Rd, S Des Moines

Kentridge High School

12430 SE 208 St

Kentwood High School

25800 164 SE

Lake Youngs Elementary

19660 142 Ave SE

Martin Sortun Elementary

12711 SE 248 St

Meadow Ridge Elementary

27710 108 Ave SE

Meeker Middle School

12600 SE 192 St, Renton

Meridian Elementary

25621 140 Ave SE

Meridian Middle School

23480 120 Ave SE

Mill Creek Middle School

620 N Central Ave

Millennium Elementary

11919 SE 270 St

Neely-O'Brien Elementary

6300 S 236 St

Northwood Middle School

17007 SE 184 St, Renton

Panther Lake Elementary

20831 108 Ave SE

Park Orchard Elementary

11020 SE 232 St

Pine Tree Elementary

27825 118 Ave SE

Ridgewood Elementary

18030 162 Pl SE, Renton

Sewer Woods Elementary

31135 228 Ave

Scenic Hill Elementary

26025 Woodland Way S

Soos Creek Elementary

12651 SE 218 Pl

Springbrook Elementary

20035 100 Ave SE

Sunrise Elementary

22300 132 Ave SE

Sunnycrest Elementary

24629 42 S (West Hill)

Totem Middle School

26630 40 S (West Hill)

Unless otherwise noted, all addresses are in Kent. For directions, go to KentWA.gov/parks



My Mother feared
for my safety more than
she feared the water...
so I was taught to swim.
My Mother never
swam... but now **her**
granddaughter
swims like a fish.

Children of parents who don't swim are significantly more likely to drown because they, too, never learn to swim. And each generation the problem compounds itself.

Contact your Kent-Meridian Pool today to schedule lessons and help us break the cycle. Scholarships available for families in need.

CALL: 253.854.9287

MAKE SWIMMING HEREDITARY - PASS IT ON

KENT-MERIDIAN POOL

25316 101st Ave. SE (behind Kent-Meridian High School)

Fall/Winter 2013-2014

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30 - 7:30 am	Available for Rental	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
7:30 - 8:30 am		Pool Maintenance	Pool Maintenance	Pool Maintenance	Pool Maintenance	Pool Maintenance	
8:30 - 9:30 am		Water Exercise	Deep Water Exercise and Lessons	Water Exercise	Deep Water Exercise and Lessons	Water Exercise	
9:30 - Noon		Lessons 9:30 - 11 Laps/Family 11-12	Lessons 9:30 - 11 Laps/Family 11-12	Lessons 9:30 - 11 Laps/Family 11-12	Lessons 9:30 - 11 Laps/Family 11-12	Laps/Family 11-12	
Noon - 2 pm		Laps/Seniors & Family swims	Laps/Seniors 12 - 2 Arthritis Ex: 1-2	Laps/Seniors & Family swims	Laps/Seniors 12 - 2 Arthritis Ex: 1-2	Laps/Seniors & Family swims	Lap Swim 12-1 pm Public Swim 1-2 pm
2 - 3 pm		High School	High School	High School	High School	High School	Women Only Swim TBA (contact pool)
3 - 6:30 pm		Swim Lessons, High School, King Aquatics	Swim Lessons, High School, King Aquatics	Swim Lessons, High School, King Aquatics	Swim Lessons, High School, King Aquatics	Swim Lessons, High School, King Aquatics	
6 - 8 pm		Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Available for rental
8 - 9 pm		Lap/Family swims	Public Swim	Lap/Family swims	Public Swim	Lap/Family swims	

For prices, please call the pool at: 253.854.9287 or visit us online at www.kentmeridianpool.com

COUPON EXPIRES DECEMBER 31, 2013

**GOOD FOR ONE FREE LESSON WHEN
BUYING A LESSON PACKAGE
at Kent-Meridian Pool**

CONSUMER: Coupon valid if copied. Cash value 1/100¢.
LIMIT: One coupon per visit.

COUPON EXPIRES DECEMBER 31, 2013

**GOOD FOR ONE FREE PUBLIC SWIM,
LAP SWIM or WATER EXERCISE
at Kent-Meridian Pool**

CONSUMER: Coupon valid if copied. Cash value 1/100¢.
LIMIT: One coupon per visit.



Kent Parks, Recreation and Community Services

Kent Commons
525 Fourth Avenue North
Kent, WA 98032-4497

PSRT STD
U.S. POSTAGE
PAID
Permit #137
Kent, WA

ECRWSS Residential Customer



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recycled paper and can be recycled

REGISTRATION INFORMATION



MAIL IN

Send form and payment to Kent Commons Registration, 525 Fourth Ave N, Kent, WA 98032-4497. Make checks payable to City of Kent. Allow 3 days for mail delivery. Do not send cash.



FAX

Fill out registration form. Include V/MC number and expiration date. Send to Kent Commons at (253) 856-6000 24 hours/day (will be processed the next working day; handled as mail-in registration).



PHONE IN

(253) 856-5000 Have charge card and guide handy! Fill out form before you call. Monday-Thursday 6 am-10 pm, Friday 6 am-9 pm, Saturday 8 am-9 pm.



WALK IN

Kent Commons, 525 Fourth Ave N (Corner of 4th and James)
Monday-Thursday 6 am - 10 pm, Friday 6 am-9 pm,
Saturday 8 am-9 pm.



ONLINE

Visit our website at webreg.KentWA.gov 24 hours a day!
Have V/MC Number, expiration date, client number and family PIN handy.

POLICY

1. Register early to ensure likelihood of placement in class of first choice
2. Registration is processed on a first come, first served basis.
3. For mail in or FAX registrations, you will be called for second choice if class is filled
4. Confirmations are available upon request.
5. The Department has the right to change content and provision of classes.
6. There will be a \$25 fee for returned checks.

REFUNDS/CREDITS

1. Full refunds will be given for any classes postponed, rescheduled or cancelled by the Department.
2. A \$5 service fee will be deducted from every approved refund
3. Credit for the full registration may be issued in lieu of a refund. Credits will remain on your account for one year, at which time you will receive a refund for any amount over \$25.
4. Three days notice prior to class start date required on all requests for refunds or transfers
5. No refunds will be given after one-half of program is over
6. No refunds/transfers will be given for one-day workshops or classes once completed - no exceptions.
7. Some programs have specific refund policies. Please check prior to registration.

SPECIAL NEEDS

1. People with special needs are encouraged to participate in any program
2. If you have needs requiring special services, indicate this on registration form. For TDD users, call 1-800-833-6388, Telebraille, 1-800-833-6385, and Voice, 1-800-833-6384. This service is provided by Washington State Telecommunications Relay Service at no cost except long distance charges.

ACCESS TO RECREATION/SCHOLARSHIPS

Kent Parks, Recreation and Community Services is dedicated to enriching lives. A goal within that mission is to ensure that every pre-school child and school-age youth residing within the City of Kent or Kent School District has full access to a wide variety of recreational opportunities regardless of family income or ability to pay

Applications for assistance are available at the Kent Commons. Residency and other restrictions apply—please call (253) 856-5000 for more information.